

Do not accept if seal is broken. Product No: 5033
Store between 59°-86° F. Keep out of the reach of children.

† Country Life always labels minerals in elemental weight.

As active men and women, we all believe that calcium is important to build and protect our bones. But did you know that your body can tell the difference between bone strengthening products? Some products are more compatible with your body and may simply work better inside you.

Introducing a new bone health product from Country Life Vitamins®. It contains a unique, natural form of calcium called MCHA as well as other minerals that your body will recognize as being closest to its own natural bone composition. Ingredients in Bone Solid®, such as vitamins K and D as well as MCHA, have been clinically shown to support the utilization of calcium for more complete structural bone support.***

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Certified



This product has been manufactured at an NSF GMP Registered facility.



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Lot No:

BONE Solid®

With Patented **FruiteX-B®**

• Clinically Studied MCHA and Vitamin K



3 TRIPLE ACTION

Clinically Shown to:

- 1 Increase Mineral Utilization
- 2 Strengthen Bones
- 3 Support Bone Metabolism***

Gluten-Free
180 Capsules
Dietary Supplement



BONE SUPPORT

Directions: Adults take six (6) capsules daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 6 capsules

Servings Per Container 30

Amount Per Serving	% Daily Value
Protein 1 g	2%*
Vitamin C (as potassium ascorbate, calcium ascorbate, magnesium ascorbate, zinc ascorbate, manganese ascorbate, copper ascorbate, chromium ascorbate)	100 mg 167%
Vitamin D (D3) (as cholecalciferol - from Lanolin)	1,000 I.U. 250%
Vitamin K (as phytonadione (K1) and menaquinone (K2))	1,010 mcg (1.01 mg) 1,263%
Calcium (as microcrystalline hydroxyapatite, calcium fructoborate)†	1,011 mg (1.011 g) 100%
Phosphorus (as microcrystalline hydroxyapatite)†	500 mg 50%
Magnesium (as magnesium oxide, ascorbate, alpha-ketoglutarate, aspartate, citrate, tartrate)†	500 mg 125%
Zinc (as zinc ascorbate, citrate)†	10 mg 67%
Manganese (as manganese citrate, ascorbate)†	1 mg 50%
Chromium (as chromium ascorbate)†	2.6 mcg 2%
Potassium (as potassium ascorbate)†	5 mg <1%
MCHA (microcrystalline hydroxyapatite providing 1 g protein)	4,170 mg (4.17 g) **
Calcium Fructoborate (FruiteX-B®)	226 mg **
Boron (from 226 mg of calcium fructoborate)	6 mg **

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), stearic acid, magnesium stearate, silica.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, wheat, soy, gluten, milk, sugar, preservatives or artificial color.

FruiteX-B® (protected under U.S. Patent #5962049, 5965842, 6080245, 6096419, and 6924369) is a registered trademark licensed exclusively from VDF FutureCeuticals, Inc.

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