- MIGHTY LEAN helps reduce cravings for food
  - MIGHTY LEAN increases energy naturally
  - MIGHTY LEAN helps increase metabolism
    - · MIGHTY LEAN is 100% ephedra-free

Free from artificial colors and preservatives.

**DIRECTIONS:** As a dietary supplement, take three capsules daily with 8 ounces of water. Individuals weighing under 150 lbs. may wish to begin use with one or two capsules per day for the first week. Use as part of a reduced fat diet and exercise program.

WARNINGS: Do not take in the evening. Do not exceed 6 capsules per day. Not intended for persons under 18 years of age. Do not use if you are allergic to tyramine or chocolate. The recommended serving of this product contains about as much caffeine as a cup of coffee (100 mg) and should not be taken by individuals wishing to eliminate caffeine from their diet. Limit use of caffeine-containing medications, foods and beverages while taking this product, because too much caffeine may cause nervousness, irritability, sleeplessness and, occasionally, rapid heartbeat.

## KEEP TIGHTLY CLOSED IN A COOL. DRY PLACE, KEEP OUT OF REACH OF CHILDREN.

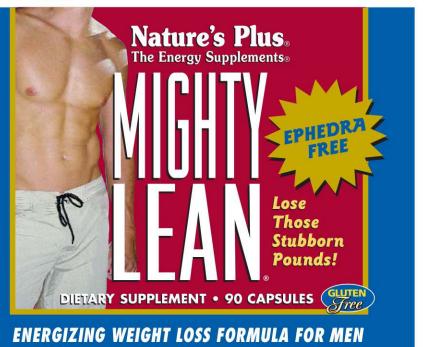
These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.



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PRODUCT NO. 4329





## **Supplement Facts**

Serving Size 3 Capsules Servings Per Container 30

ount Per Serving	%DV
500 mcg	8333%
120 mcg	100%
620 mg cao) ‡	t
avin, 300 mg I rosarin)	t
250 mg	t
100 mg	t
d 100 mg	t
100 mg	t
50 mg	t
1 mg	†
	500 mcg 120 mcg 620 mg cao) t vin, 300 mg rosarin) 250 mg 100 mg d 100 mg 50 mg

Other ingredients: Energy Blend (proprietary blend of creatine monohydrate, alpha lipoic acid and glutamine), gelatin, magnesium stearate, silica and purified water. Contains soy and milk.

±Standardized extract

Manufactured with LOVE ♥ by Natural Organics Laboratories, Inc., makers of Nature's Plus, 9500 New Horizons Blvd., Amityville, New York 11701, USA

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