

Do not accept if seal is broken. Product No. 6251
Store between 59°-86° F
Keep out of the reach of children.



This product has been manufactured at an NSF GMP Registered facility.

Lot No:

Best by:

09F11L



**Country
Life**

B VITAMINS

VITAMIN B12

500 mcg

Gluten-Free

**Dietary Supplement
Tablets**

Directions: Adults take one (1) tablet daily with food. As a reminder, discuss the supplements and medications that you take with your health care providers

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Vitamin B12 (as cyanocobalamin)	500 mcg	8,333%

Other Ingredients: Cellulose, stearic acid, silica, dessicated stomach powder (porcine), magnesium stearate

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, corn, wheat, soy, gluten, milk, salt, sugar, preservatives or artificial color.

Manufactured by Country Life, LLC

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