

Do not accept if seal is broken. Product No. 3551

Store between 59°-86° F.

Keep out of the reach of children.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, corn, wheat, soy, gluten, milk, salt, sugar, preservatives, or artificial color.

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Lot No:



Best by:



SPECIALTY SUPPLEMENTS

COD LIVER OIL

A natural source of Vitamins A and D₃

100 Softgels
Dietary Supplement



Directions: Adults take four (4) softgels daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 4 softgels

Servings Per Container 25

Amount Per Serving	% Daily Value	
Calories 15		
Calories from Fat 15		
Total Fat 2 g		3%*
Cholesterol 8 mg		3%*
Vitamin A (from cod liver oil) 5,000 I.U.		100%
Vitamin D (D ₃) (from cod liver oil) 540 I.U.		135%
Cod Liver Oil 1,600 mg (1.6 g)		**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other Ingredients: Gelatin, glycerin, purified water (capsule shell). Contains fish (cod).

100% bovine gelatin, BSE-free

Manufactured for Country Life, LLC

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www.countrylifevitamins.com