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Goldenseal Root is a very popular herb which was used extensively by Native Americans as an herbal remedy. Scientific research has identified several berberis alkaloids which are primarily responsible for its famed historical uses.

**Caution:** Continuous high level consumption of this product for more than 2 weeks of each month is not recommended. Not recommended for use by pregnant or lactating women.

**SUGGESTED USAGE:** As a dietary supplement, take 1 to 2 dropperful in tea or water 1 to 4 times daily as needed. Consider taking this product in combination with NOW® Echinacea and AirBiotic CF™.



# Goldenseal Root Extract

**HERBAL SUPPLEMENT**

**Liquid Extract**  
Net 2 fl. oz. (60 mL)  
A Dietary Supplement  
Vegetarian Product



## Supplement Facts

Serving Size 2 Dropperful (1.6 mL)  
Servings Per Container 37

Amount Per Serving	
Goldenseal Root Extract ( <i>Hydrastis canadensis</i> )	1.6 mL*

\* Daily Value not established.

Other Ingredients: Distilled Water, Vegetable Glycerin and Grain Alcohol.

Manufactured by NOW FOODS, 395 S. Glen Elyn Rd.

Bloomington, IL 60108 Made in the U.S.A. [www.nowfoods.com](http://www.nowfoods.com)

Contains no sugar, salt, starch, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.

**Vegetarian/Vegan Product.**

Store in a cool, dry place. Please Recycle.