

ACTUAL SIZE



CODE 0474

V2

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

critical role in skin health.*

Biotin is a water-soluble vitamin necessary for normal growth and body function. Biotin is a key regulatory element in gluconeogenesis, fatty acid synthesis, and in the metabolism of some amino acids. Alongside its role in energy production, Biotin enhances the synthesis of certain proteins. In addition, Biotin promotes normal immunity and plays a

Vitamins.

SUGGESTED USAGE: As a dietary supplement, take 1 Vcap® 1 to 2 times daily, preferably with meals. For maximum utilization, use this product with other NOW® B-

Biotin

ENERGY PRODUCTION

5,000 mcg

- Supports Amino Acid Metabolism
- Promotes Normal Immunity*

120 Vcaps®

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 1 Vcap®

	Amount Per Serving	% Daily Value
Biotin	5.0 mg (5,000 mcg)	1670%

Other Ingredients: Rice Flour, Cellulose (capsule), Magnesium Stearate (vegetable source) and Silica

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives

Vegetarian/Vegan Product.

Vcaps® is a registered trademark of Capsugel.

Store in a cool, dry place. Please Recycle.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

Made in the U.S.A.

www.nowfoods.com