

Do not accept if seal is broken.  
Product No. 6001  
Store between 59°-86° F.  
Keep out of the reach of children.



Lot No:

10F9L

Best by:



## B VITAMINS

# VITAMIN B1

### 100 mg

Gluten-Free  
Dietary Supplement  
Tablets



Country Life®



**Directions:** Adults, take one (1) tablet daily with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Thiamin (vitamin B-1) (as thiamine hydrochloride)	100 mg	6,667%

Other Ingredients: Cellulose, stearic acid, silica, magnesium stearate, vegetable glaze.

**WARNING:** If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

**NO:** Yeast, corn, wheat, soy, gluten, milk, salt, sugar, starch, preservatives, artificial color.

Manufactured by Country Life, LLC  
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