

Do not accept if seal is broken. Product No. 1650
Store between 59°-86° F. Keep out of the reach of children.
The 5-Hydroxytryptophan used by Country Life® is extracted from plant sources.

**** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**



This product has been manufactured at an NSF GMP Registered facility.
Lot No:

Best by:

12J11L



SPECIALTY SUPPLEMENTS

5-HTP

50 mg (5-Hydroxytryptophan)

A precursor to the neurotransmitter serotonin. **

**Gluten-Free
Dietary Supplement
Vegetarian Capsules**

Directions: Adults take one (1) capsule daily with food or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value
5-HTP (5-hydroxytryptophan) (<i>Griffonia simplicifolia</i>) (seed)	50 mg *

* Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), silica, magnesium stearate.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, corn, wheat, soy, gluten, milk, salt, sugar, preservatives or artificial color.

Manufactured by Country Life, LLC
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