



Made in the USA

CODE 0460

V2

Do Not Eat Freshness Packet. Keep In Bottle.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

potency loss during digestion.*

SUGGESTED USAGE: As a dietary supplement, take 1 tablet 1 to 2 times daily with food. Consider taking these other NOW® products: Co-Enzyme B-Complex, Methyl B-12 and Magnesium.

Vitamin B-6 (pyridoxine) acts primarily as an enzyme catalyst in many body processes including energy metabolism and neurotransmitter function. Before it can be used for this purpose it must be converted into its coenzyme form by the liver. P-5-P eliminates this step by providing B-6 in its converted form, allowing for greater bioavailability. This product is enterically coated to avoid

50 mg Coenzyme P-5-P
Enteric Coated with Magnesium
and B-2 Cofactors

60 Tablets

A Dietary Supplement
Vegetarian/Vegan



P-5-P

CO-ENZYME CATALYST*

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Riboflavin (Vitamin B-2)	17 mg	1000%
Vitamin B-6 (from 50 mg Coenzyme Pyridoxal-5-Phosphate)	33 mg	1650%
Calcium (from Calcium Carbonate)	40 mg	4%
Magnesium (from 75% Magnesium Oxide and 25% Magnesium Taurinate)	100 mg	25%

Other ingredients: Cellulose, Stearic Acid (vegetable source), Croscarmellose Sodium, Magnesium Stearate (vegetable source), Silica and Enteric Coating.

Formulated & Distributed by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/0460

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.