

ACTUAL
SIZE

CODE 0459 V1



*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

12 deficiency and may benefit from supplementation.*

Vitamin B-12 (Cyanocobalamin) is a water soluble vitamin necessary for the maintenance of a healthy nervous system and for the metabolic utilization of fats and proteins. Vitamin B-12 is also essential for the synthesis of DNA during cell division and therefore is especially important for rapidly multiplying cells, such as blood cells. In addition, adequate intake of Vitamin B-12, along with Folic Acid and Vitamin B-6, encourages healthy serum homocysteine levels, thereby supporting cardiovascular health. Because Vitamin B-12 is found predominantly in animal products, strict vegetarians are at risk of developing Vitamin B-12 deficiency and may benefit from supplementation.*

SUGGESTED USAGE: As a dietary supplement, take one lozenge daily. Chew lozenge or hold in mouth until dissolved. Consider taking this product in combination with NOW® B-Complex Vitamins, Omega-3 Fish Oil and Lecithin.



NERVOUS SYSTEM HEALTH

2,000 mcg

- 3 Forms of B-12 including Co-enzyme Forms
- Essential for DNA Synthesis*

100 Lozenges

A Dietary Supplement
Vegetarian Formula



Supplement Facts

Serving Size 1 Lozenge

	Amount Per Serving	% Daily Value
Vitamin B-12	2.0 mg (2,000 mcg)	33,330%
[as Cyanocobalamin, Methylcobalamin (Co-enzyme Form) and Dibenzozide (Co-enzyme Form)]		

Other ingredients: Fructose, Cellulose, Sorbitol, Citric Acid, Natural Cherry Flavor with other Natural Flavors, Magnesium Stearate (vegetable source), Soy Lecithin and Maltodextrin.

Contains no salt, yeast, wheat, gluten, milk, egg, shellfish or preservatives.

Vegetarian/Vegan Product.

The B-12 content is derived by natural fermentation.

The B-12 content in each lozenge was produced with 70% Cyanocobalamin, 15% Methylcobalamin and 15% Dibenzozide.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

Manufactured by NOW FOODS, BLOOMINGDALE, IL 60108

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