

Do not accept if seal is broken. Product No. 1621
Store between 59°-86° F. Keep out of the reach of children.
Phenylketonurics: Contains phenylalanine.

WARNING: If you are pregnant, nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. Do not use if you have gastric or duodenal ulcers. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, wheat, soy, gluten, milk, salt, sugar, starch, preservatives or artificial color.

† Country Life always labels minerals in elemental weight.
Chromax® chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc.

** This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

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Lot No:

Best by:



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SPECIALTY SUPPLEMENTS

Time Release **MALIC RELIEF FORMULA**

Malic/Magnesium Complex

Helps support muscle function**

Gluten-Free

Dietary Supplement
Tablets



Directions: Adults take two (2) tablets daily with food or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
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Vitamin B-6 (as pyridoxine hydrochloride)	10 mg 500%
Calcium (as calcium carbonate)†	400 mg 40%
Magnesium (as magnesium malate)†	200 mg 50%
Manganese (as manganese citrate)†	10 mg 500%
Chromium (as chromium picolinate)†	200 mcg 167%

Malic Acid (as magnesium malate).....	825 mg
DL-Phenylalanine	200 mg
Curcumin (rhizome)	200 mg
Devil's Claw Extract (root)	120 mg
(2.5% harpagosides equal to 3 mg)	
Silica†	20 mg
Horsetail Extract (leaf/stem)	2 mg
(7% silica equal to 0.14 mg)	

*Daily Value not established.

Other Ingredients: Cellulose, stearic acid, silica, magnesium stearate, cellulose & glycerin coating, vegetable glaze.

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