

Do not accept if seal is broken. Product No. 1621  
Store between 59°-86° F. Keep out of the reach of children.  
Phenylketonurics: Contains phenylalanine.

**WARNING:** If you are pregnant, nursing, diabetic, hypoglycemic, taking medication or planning a surgery, consult your doctor before using this product. Do not use if you have gastric or duodenal ulcers. If any adverse reactions occur, stop taking the product and consult your doctor.

**NO:** Yeast, wheat, soy, gluten, milk, salt, sugar, starch, preservatives or artificial color.

† Country Life always labels minerals in elemental weight.  
Chromax® chromium picolinate and the Chromax logo are registered trademarks of Nutrition 21, Inc.

**\*\* This statement has not been evaluated by the Food and Drug Administration.  
This product is not intended to diagnose, treat, cure or prevent any disease.**

Lot No:

Best by:



## SPECIALTY SUPPLEMENTS

# Time Release MALIC RELIEF FORMULA

Malic/Magnesium Complex  
Helps support muscle function\*\*  
Gluten-Free  
Dietary Supplement  
Tablets



**Directions:** Adults take two (2) tablets daily with food or as directed by a health care professional. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

**Serving Size** 2 tablets

**Servings Per Container** 30

Amount Per Serving	% Daily Value
Vitamin B-6 (as pyridoxine hydrochloride) .....	10 mg .....500%
Calcium (as calcium carbonate)† .....	400 mg .....40%
Magnesium (as magnesium malate)† .....	200 mg .....50%
Manganese (as manganese citrate)† .....	10 mg .....500%
Chromium (as chromium picolinate)† .....	200 mcg .....167%
Malic Acid (as magnesium malate).....	825 mg .....*
DL-Phenylalanine .....	200 mg .....*
Curcumin (rhizome) .....	200 mg .....*
Devil's Claw Extract (root) .....	120 mg .....*
(2.5% harpagosides equal to 3 mg)	
Silica† .....	20 mg .....*
Horsetail Extract (leaf/stem) .....	2 mg .....*
(7% silica equal to 0.14 mg)	

\*Daily Value not established.

Other Ingredients: Cellulose, stearic acid, silica, magnesium stearate, cellulose & glycerin coating, vegetable glaze.

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