Do not accept if seal is broken. Product No. 1607 Store between 59°-86° F. Keep out of the reach of children.

WARNING: Not for use if you are pregnant, nursing or have a cardiac or kidney disorder. If you are taking medication, birth control pills or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, wheat, soy, gluten, milk, salt, sugar, preservatives or artificial color.

** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Country Life

g 101 Corporate Drive, Hauppauge, NY 11788 www.countrylifevitamins.com



Lot No:













SPECIALTY SUPPLEMENTS

MENOPAUSE SUPPORT

Positive nutritional support for a woman's change**

50 Tablets
Dietary Supplement



GF Gluten-Free

Directions: Female adults take two (2) tablets daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets

Servings Per Container 25

Amount Per Serving	% Daily Value
Vitamin E (as d-alpha tocopheryl acid succinate) Vitamin B-6 (as pyridoxine hydrochloride) Pantothenic Acid (as d-calcium pantothenate) Calcium (as calcium carbonate)	10 mg 500% 100 mg 1,000% 274 mg 27%
Magnesium (as magnesium oxide, citrate, aspartate, taurinate, <i>alpha</i> -ketoglutarate)	200 Hig 50%

Red Clover (trifolium pratense) (flower)	250 mg	*
Horsetail Extract (equisetum arvense) (leaf/stem)	200 mg	
Damiana Extract 4:1 (leaf)		
Chaste Berry Extract (vitex agnus-castus) (fruit)	100 mg	*
L-Tyrosine (free form)	100 mg	*
Black Cohosh Extract 20:1 (root)	50 mg	*
Dong Quai Extract 10:1 (root)	40 mg	*
Licorice Extract 4:1 (root)	25 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, stearic acid, silica, cellulose & glycerin coating, magnesium stearate, maltodextrin, vegetable glaze.