

SPECIALTY SUPPLEMENTS

Do not accept if seal is broken.

Product No. 1600

Store between 59°-86° F.

Keep out of the reach of children.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, wheat, gluten, milk, salt, preservatives or artificial color.

This product has been manufactured at an NSF GMP Registered facility.



Lot No:

Best by:

08L11L



PROSTA-MAX[®]
FOR MEN

Gluten-Free
Dietary Supplement
Tablets



Directions: Adult males take two (2) tablets daily before a meal. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 100

Amount Per Serving	% Daily Value
Vitamin A (as beta carotene)	10,000 I.U. 200%
Vitamin C (as ascorbic acid)	250 mg 417%
Vitamin E (as d-alpha tocopheryl acid succinate) ..	200 I.U. 667%
Thiamin (vitamin B1)(as thiamine hydrochloride)...	25 mg 1,667%
Riboflavin (vitamin B2).....	30 mg 1,765%
Vitamin B6 (as pyridoxine hydrochloride)	20 mg 1,000%
Calcium (as calcium carbonate)	142 mg 14%
Zinc (as zinc histidinate)	50 mg 333%
Copper (as copper amino acid chelate)	3 mg 150%
Glycine (free form)	250 mg *
L-Glutamic Acid (free form)	250 mg *
L-Alanine (free form)	200 mg *
Vegetable Oil Phytosterols (from soybean oil)	200 mg *
(seed) (Phytosterols 90%, Total Phytosterols 180 mg including 90 mg Beta Sitosterol)	
Saw Palmetto (<i>serenoa repens</i>) (berry).....	100 mg *
Pygeum (<i>pygeum africanum</i>) (bark)	100 mg *
Stinging Nettle (<i>urtica dioica</i>) (leaf).....	100 mg *
Lycopene (from tomato extract)	3 mg *

* Daily Value not established.

Other Ingredients: Cellulose, stearic acid, silica, magnesium stearate, cellulose & glycerin coating, vegetable glaze. Contains soy.

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