

DYMATIZE
NUTRITION

ELITE RECOUP

Advanced Amino Recovery

DIETARY SUPPLEMENT

7.2g Pharmaceutical Grade
BCAAs per Serving

2.5g Glutamine per Serving
Added B Vitamin Complex

TROPICAL SPLASH



NATURALLY & ARTIFICIALLY FLAVORED

NET WT 0.76 LBS (345g)



Supplement Facts

Serving Size: 1 Heaping Scoop (12.3g)
Servings Per Container: 30

Amount Per Serving	% Daily Value*
Vitamin B1 (as Thiamin HCL)	1.5 mg 100%
Vitamin B2 (as Riboflavin)	1.7 mg 100%
Vitamin B3 (as Niacin)	20 mg 100%
Vitamin B5 (as Pantothenic Acid)	9 mg 90%
Vitamin B6 (as Pyridoxine HCL)	2 mg 100%
Vitamin B12 (as Cyanocobalamin)	3.5 mcg 60%
Vitamin C (as Ascorbic Acid)	60 mg 100%
L-Leucine	3.6 g †
L-Glutamine	2.5 g †
L-Isoleucine	1.8 g †
L-Valine	1.8 g †
Citrulline Malate & Hydrogen Citrate	1 g †

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

INGREDIENTS: Citric Acid, Natural & Artificial Flavors, Acesulfame Potassium, Sucralose, Ascorbic Acid, Silicon Dioxide, Niacin, Red #40, Calcium D-Pantothenate, Pyridoxine HCL, Riboflavin, Thiamin HCL, Cyanocobalamin.

Elite Recoup utilizes
AjiPure® 100% Pharmaceutical
grade Glutamine & BCAAs,
sourced from Ajinomoto
AminoScience.

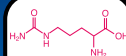
AjiPure is a registered trademark of Ajinomoto AminoScience LLC.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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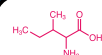
Leucine



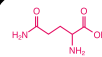
Glutamine



Valine



Isoleucine



Citrulline

DIRECTIONS: Mix 1 heaping scoop (12.3 grams) with 6-10 ounces of water. Due to the natural resistance BCAAs have to liquids, some settling may occur on both the top and bottom of the solution.

For Maximum Results, Consume the Following:*

Pre-Workout: <150 pounds = 2 heaping scoops
(complete consumption during workout) 150-200 pounds = 3 heaping scoops
200+ pounds = 4 heaping scoops

Post-Workout: 2 heaping scoops immediately after workout

Elite Recoup utilizes **AjiPure® 100% Pure Pharmaceutical Grade Glutamine and Branched Chain Amino Acids**, including L-Leucine, L-Valine and L-Isoleucine. Each serving provides a full 7.2 grams of these essential amino acids that play such an important role in recovery after an intense workout. These pharmaceutical-grade BCAAs and Glutamine are supplemented with Citrulline Malate. In addition, a full complement of the B vitamins have been added, including Thiamin (B1), Riboflavin (B2), Niacin (B3), Pantothenic Acid (B5), Pyridoxine (B6) and Cyanocobalamin (B12).*

Elite Recoup is designed to help you **speed recovery** and **reduce muscle breakdown**. In addition, Elite Recoup is designed to help **enhance cell volumization** and promote vasodilation which may lead to better protein absorption and aid in immune and digestive health.*

**MANUFACTURED FREE OF BANNED SUBSTANCES
IN A NSF GMP FOR SPORT™ REGISTERED FACILITY**

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DYMATIZE.COM

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