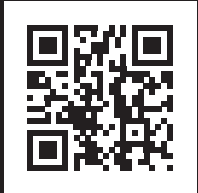


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MEGA
MEN®

Dietary Supplement

GREAT-TASTING
LIQUID MULTIVITAMIN

- With 1,600 IU of vitamin D-3 for colon health and immune support*
- B-vitamins for energy support*
- Lycopene and vitamin E to support prostate health*
- Amino acid blend to fuel muscles*

CITRUS
Natural and Artificial Flavor

30 FL OZ (887 mL)

Mega Men®

CODE 705809
DIRECTIONS: As a dietary supplement, take 1 capful daily. May also be mixed with water or beverage of choice. Best taken with food. Refrigerate after opening. Shake well before using.

Supplement Facts

Serving Size 30 mL (2 Tablespoons or 1 Capful)		
Servings Per Container Approx. 30		
Amount Per Serving	% Daily Value	
Calories	40	
Total Carbohydrate	9 g	3%†
Sugars	<1 g	*
Vitamin A (as Retinyl Acetate)	5000 IU	100%
Vitamin C (as Ascorbic Acid)	500 mg	833%
Vitamin D (as Cholecalciferol D-3)	1600 IU	400%
Vitamin E (as Natural d-alpha-Tocopheryl Acetate)	15 IU	50%
Thiamin (as Thiamin Mononitrate)	50 mg	3333%
Riboflavin (as Riboflavin-5-Phosphate)	50 mg	2941%
Niacin (as Niacinamide)	50 mg	250%
Vitamin B-6 (as Pyridoxine HCl)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	150 mcg	2500%
Biotin	100 mcg	33%
Pantothenic Acid (as D-Calcium Pantothenate)	50 mg	500%
Calcium (as Calcium Lactate Gluconate)	50 mg	5%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Citrate)	50 mg	13%
Zinc (as Zinc Gluconate)	15 mg	100%
Selenium (as Sodium Selenate)	200 mcg	286%
Copper (as Copper Citrate)	2 mg	100%
Manganese (as Manganese Gluconate)	10 mg	500%

Amount Per Serving	% Daily Value	
Chromium (as Chromium Chloride)	120 mcg	100%
Molybdenum (as Sodium Molybdate)	150 mcg	200%
Sodium (as Sodium Hexametaphosphate and Sodium Benzoate)	20 mg	<1%
Choline (as Choline Bitartrate)	50 mg	*
Green Tea Leaf Extract (<i>Camellia sinensis</i>)	30 mg	*
Inositol	25 mg	*
Citrus Bioflavonoid Complex	25 mg	*
Carotenoid Complex	15 mg	*
N-Acetyl-L-Cysteine	10.5 mg	*
Rutin Powder	10 mg	*
Quercetin	10 mg	*
Hesperidin Complex	5 mg	*
Boron (as Boron Citrate)	1 mg	*
Lutein	950 mcg	*
Lycopene	950 mcg	*
Proprietary Amino Acid Blend (L-Carnitine, L-Glutamine, L-Methionine, Taurine)	500 mg	*
Fruit and Vegetable Blend (Pineapple, Broccoli, Carrots, Apple, Orange, Tomato, Brussels Sprouts, Cauliflower, Beet, Blueberry, Celery, Grape, Grapefruit, Kale, Lemon, Lime, Plum, Raspberry, Strawberry, Watermelon, Radish, Cantaloupe, Cherry, Leek, Onion, Papaya, Peach, Pear)	25 mg	*

† Percent Daily Values are based on a 2,000 calorie diet.
* Daily Value not established.

Other Ingredients: Purified Water, Glycerin, Sorbitol, Citric Acid, Natural and Artificial Flavors, Polysorbate 80, Xanthan Gum, Sucralose, Potassium Sorbate, Acesulfame Potassium, Amylase, Cellulase, Lipase, Protease.
WARNING: Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.
CONTAINS: Soybeans.
May contain Wheat.
Do not purchase if seal is broken.

- To ensure a complete nutritional program, take daily with these GNC products:
- Triple Strength Fish Oil
 - Pro Performance® 100% Whey Protein
 - Ultra Probiotic Complex
 - SuperFoods Whole Foods Blend

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.