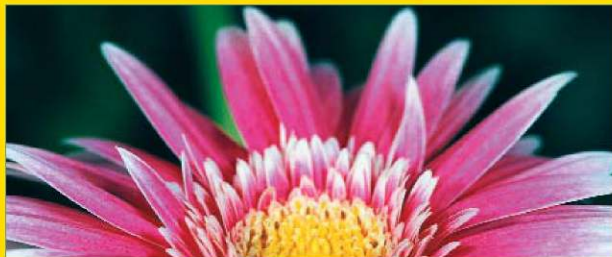


Nature's Plus® The Energy Supplements.

Yeast Free



Woman's Nutra Packs

Woman's Dietary Supplement

30 Individual Packs



Supplement Facts

Serving Size 1 Pack
Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Calories	10	Selenium	25 mcg . . . 36%
Calories from Fat	5	(as amino acid complex)	
Total Fat	0.5 g 1%**	Manganese (as amino acid	11.1 mg . . . 555%
Total Carbohydrate	1 g <1%**	chelate/complex)	
Protein	<1 g 1%**	Copper (as amino acid chelate)	0.28 mg . . . 14%
Vitamin A (as beta carotene)	10,000 IU 200%	Chromium	50 mcg . . . 42%
Vitamin C (as ascorbic acid)	800 mg 1333%	(as amino acid chelate)	
Vitamin D (as ergocalciferol)	400 IU 100%	Potassium	50 mg . . . 1%
Vitamin E (as d-alpha	300 IU 1000%	(as amino acid complex)	
tocopheryl acetate, succinate)		Pancreatin 4X	129 mg †
Thiamin (as thiamine HCl) . . .	25 mg 1667%	(equivalent to USP 516 mg)	
Riboflavin (vitamin B-2) . . .	25 mg 1471%	Ox Bile Extract	129 mg †
Niacin (as niacinamide)	100 mg 500%	Bioflavonoids	125 mg †
Vitamin B-6 (as pyridoxine HCl)	25 mg 1250%	(from <i>Citrus spp.</i> exocarp)	
Folate (as folic acid)	100 mcg 25%	Rutin	75 mg †
Vitamin B-12	250 mcg 4167%	(from <i>Sophora japonica</i> leaf)	
(as cyanocobalamin)		L-Glutamic Acid HCl	60 mg †
Biotin	20 mcg 7%	Malt Diastase	60 mg †
Pantothenic Acid	50 mg 500%	Inositol	50 mg †
(as calcium pantothenate)		Hesperidin	30 mg †
Calcium (as amino acid	1126 mg 113%	(from <i>Citrus limon</i> exocarp)	
chelate/complex)		Pepsin 1:15,000	30 mg †
Iron (as amino acid	39 mg 217%	(equivalent to pepsin NF 150 mg)	
chelate/complex)		Papain (from papaya)	30 mg †
Phosphorus	114 mg 11%	Betaine HCl (beet molasses)	25 mg †
(as amino acid complex)		PABA (para-aminobenzoic acid)	25 mg †
Iodine (from kelp)	113 mcg 75%	Lecithin (from soy)	25 mg †
Magnesium (as amino acid	257 mg 64%	Choline (as bitartrate)	21 mg †
chelate/complex)		Methylcellulose	15 mg †
Zinc (as amino acid	25 mg 167%		
chelate/complex)			

**Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value (DV) not established.

Nutritional Support for **Natural Energy Production and Overall Well-Being.***

Power-Plex® Sustained Release—In a special base which provides for the gradual release of ingredients over a prolonged period of time.

Vitamin E—Derived from natural soybean oil.

Ultra-Mins—In a mineral-rich base, providing naturally occurring major minerals, trace minerals, chlorophyll, enzymes, carotenoids, nucleic acids and vitamins.

Cee Complete™—Providing the highest quality vitamin C-boosting phytonutrients.

Calcium—Manufactured with the **Biotron Process** of amino acid chelation.

Digestive Enzymes—Specially coated to provide the release of specific enzymes in the intestines. Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, take one pack daily with your morning meal.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**

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PRODUCT NO. 3294



Other ingredients: Di-calcium phosphate, microcrystalline cellulose, stearic acid, hydroxypropyl methylcellulose, rose hips (*Rosa canina* fruit), magnesium stearate, silica, isolated soy protein, watercress, horsetail root, rice bran, papaya, parsley, alfalfa, green cabbage, acerola cherry, wheat germ flour, fig, date, hazelnut, sesame seed, sunflower seed, broccoli, Pacific kelp, spirulina, black currant seed, barley grass, pharmaceutical glaze, gelatin, glycerin and purified water.