

ACTUAL SIZE



CODE 4764 V4

Manufactured by NOW FOODS, 395 S. Glen Elyn Rd.  
Bloomington, IL 60108 Made in the U.S.A. [www.nowfoods.com](http://www.nowfoods.com)

**Do Not Eat Freshness Packet. Keep in Bottle.**  
Store in a cool, dry place. Please Recycle.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

The damaging effects of free radicals.\*

Triphala is a combination of three fruits (Harada, Amla and Behada) that has been used in Ayurvedic herbalism for thousands of years. Triphala's historical use as a digestive cleanser and tonifier has been backed up with numerous modern scientific studies demonstrating the positive effects of its component herbs on the gastrointestinal tract. In addition, Triphala has been shown to protect cells against

**SUGGESTED USAGE:** As a dietary supplement, take 3 tablets daily between meals. Consider taking this product in combination with NOW® G18-Dophilus™, Detox Support™ and Psyllium Husk.



# Triphala

AYURVEDIC DIGESTIVE CLEANSER

500 mg

Fruit plus Standardized Extract

- Tonifier
- Colon Support\*

120 Tablets

A Dietary Supplement  
Vegetarian Formula



## Supplement Facts

Serving Size 3 Tablets Servings Per Container 40

|                                                               | Amount<br>Per Serving   | % Daily<br>Value |
|---------------------------------------------------------------|-------------------------|------------------|
| Calories                                                      | 10                      |                  |
| Total Carbohydrate                                            | 2 g                     | < 1%*            |
| Dietary Fiber                                                 | 0.8 g                   | 3%*              |
| Vitamin C                                                     | 5 mg                    | 8%               |
| Calcium (from Calcium Carbonate)                              | 180 mg                  | 18%              |
| Magnesium (from Magnesium Oxide)                              | 300 mg                  | 75%              |
| <b>Triphala Fruit Powder</b>                                  | <b>1.2 g (1,200 mg)</b> | <b>†</b>         |
| Amla ( <i>Emblica officinalis</i> ) Fruit (400 mg)            |                         |                  |
| Behada ( <i>Terminalia bellerica</i> ) Fruit (400 mg)         |                         |                  |
| Harada ( <i>Terminalia chebula</i> ) Fruit (400 mg)           |                         |                  |
| <b>Triphala Extract (min. 45% Tannins)</b>                    | <b>300 mg</b>           | <b>†</b>         |
| Amla ( <i>Emblica officinalis</i> ) Fruit Extract (100 mg)    |                         |                  |
| Behada ( <i>Terminalia bellerica</i> ) Fruit Extract (100 mg) |                         |                  |
| Harada ( <i>Terminalia chebula</i> ) Fruit Extract (100 mg)   |                         |                  |

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Cellulose, Stearic Acid (vegetable source), Maltodextrin, Silica and Vegetable Coating.

Contains no sugar, salt, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.  
Vegetarian/Vegan Product.