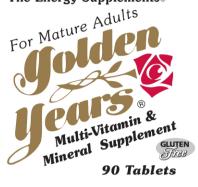
Nature's Plus

The Energy Supplements®



Nutritional Support for Natural Energy Production and Overall Well-Being.*

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, six tablets once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size 6 Tablets Servings Per Container 15

Amount Per Serving %D	V Amount Per Serving
Vitamin A (as beta carotene)	(from beet molasses) Phosphatidylcholine 100 mg† Vitamin F
Niacin (as niacinamide) 50 mg 250% Vitamin B-6 (as pyridoxine HCl) 25 mg 1250%	Inositol
Folate (as folic acid) 400 mcg 1009 Vitamin B-12 (as cyanocobalamin) 100 mcg 16679 Biotin	6 L-Glutamine 50 mg†
Pantothenic Acid 50 mg 500% (as calcium pantothenate)	Choline (as bitartiate) 32 mg
Calcium (as amino acid 300 mg 30% chelate/complex)	(from Citrus sinensis,
Iron (as amino acid chelate/complex) 18 mg 100% Phosphorus	
(as amino acid complex) lodine (from kelp)	
Magnesium (as amino acid 150 mg 38% chelate/complex)	japonica leaf)
Zinc (as amino acid chelate/complex) 20 mg 133% Selenium (as amino acid complex) 50 mcg 71% Copper (as amino acid chelate) 0.5 mg 25% Manganese (as amino acid 10 mg 500% chelate/complex)	Hesperidin
Chromium (as amino acid chelate) 50 mcg 42% Potassium (as amino acid complex) 15 mg <1%	

†Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, stearic acid, rice bran, magnesium stearate, rose hips, silica, lecithin, alfalfa, papaya, bromelain (from pineapple fruit), watercress (Rorippa nasturtiumaquaticum), parsley, green cabbage (Brassica oleracea leaf) and pharmaceutical glaze. Contains soy.

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