

02A12L



8 Best by:

Lot No:

Directions: Pregnant or lactating women take three (3) tablets daily. Do not exceed recommended dose. No need to take with food - it is food! As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 3 tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin A (from organic food blend as beta carotene)	3,100 I.U. 39%
Vitamin C (from organic acerola extract, organic amla, organic food blend)	60 mg 100%
Vitamin D (D ₃) (as cholecalciferol)	440 I.U. 110%
Vitamin E (as d-alpha tocopheryl succinate)	65 I.U. 217%
Thiamin (Vitamin B1) (from organic food blend)	1.8 mg 106%
Riboflavin (Vitamin B2) (from organic food blend)	2 mg 100%
Niacin (from organic food blend)	21 mg 105%
Vitamin B6 (from organic food blend)	2.5 mg 100%
Folic Acid (from organic food blend)	800 mcg 100%
Vitamin B12 (as cyanocobalamin)	8 mcg 100%
Biotin (as d-Biotin)	330 mcg 110%
Pantothenic Acid (from organic food blend)	10.2 mg 102%
Calcium (from organic food blend)	27 mg 2%
Phosphorus (from organic food blend)	2 mg <1%
Iron (from organic food blend)	18 mg 100%
Magnesium (from organic food blend)	5 mg 1%
Sodium (from organic food blend)	7 mg <1%
Potassium (from organic food blend)	32 mg 1%
Organic Food Blend providing:	1,213 mg (1.2 g) *

Organic Specialty Blend: (Organic guava extract (fruit), organic mango extract (fruit), organic lemon extract (peel), organic annatto extract (seed), organic ginger powder (*zingiber officinale*) (root), organic ginger extract (*zingiber officinale*) (root), organic chlorella, organic curry leaf extract (*murraya koenigii*) (leaf), organic lemon extract (*citrus limon*) (peel)), Organic Fermented Whole Foods (organic kale, organic pumpkin, organic broccoli sprout, organic red radish sprout, organic daikon radish sprout, organic cranberry, organic collard greens, organic spinach, organic pomegranate, organic blueberry, organic açai, organic blackberry, organic raspberry, organic strawberry, organic tart cherry, organic noni, organic ginger, organic beet, organic adzuki bean, organic broccoli, organic red lentil bean, organic quinoa sprout powder, organic pea, organic mango, organic banana, organic chlorella, organic spirulina, organic millet sprout)

Fermented Organic Greens with Organic Sprout Blend (organic kale, organic collard greens, organic broccoli, organic cabbage sprout, organic broccoli sprout, organic watercress sprout, organic spinach, organic kale sprout, organic mustard seed sprout, organic chlorella, organic spirulina)

* Daily Value not established

Other Ingredients: Organic gum acacia, organic maltodextrin, organic soy fiber, and silica. Contains soy.

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Manufactured by Country Life, LLC

180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)

CountryLifeVitamins.com

NO: Wheat, gluten, milk, preservatives, artificial color, artificial flavor or artificial sweeteners.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. Product No. 9115. **Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a Poison Control Center immediately.

Dietary Supplement

Realfood
organics®

PRENATAL DAILY NUTRITION™

Made from over 30
raw fruits and vegetables

Gluten-Free



4 SERVINGS
FRUITS &
VEGETABLES†
†Based on antioxidant
(ORAC) equivalents



Easy-To-Swallow Tablets