

Dietary Supplement

Realfood
organics®

YOUR DAILY NUTRITION®

A multivitamin made from
whole raw fruits and vegetables

**Country
Life**



Tablets

1
DAILY

1 SERVING
FRUITS &
VEGETABLES†



Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value
Vitamin A (from organic annatto extract (seed) providing beta carotene, organic food blend)	1,250 I.U. 25%
Vitamin C (from organic acerola extract, organic amla, organic food blend)	60 mg 100%
Vitamin D (D3)(as cholecalciferol)	200 I.U. 50%
Vitamin E (as d-alpha tocopheryl succinate)	50 I.U. 167%
Thiamin (Vitamin B1) (from organic food blend)	2 mg 133%
Riboflavin (Vitamin B2) (from organic food blend)	2.3 mg 135%
Niacin (from organic food blend)	22.8 mg 114%
Vitamin B6 (from organic food blend)	2.3 mg 115%
Folic Acid (from organic food blend)	469 mcg 117%
Vitamin B12 (as cyanocobalamin)	6 mcg 100%
Biotin (as d-Biotin)	300 mcg 100%
Pantothenic Acid (from organic food blend)	12 mg 120%
Calcium (from organic food blend)	1.77 mg <1%
Phosphorus (from organic food blend)	0.85 mg <1%
Magnesium (from organic food blend)	0.54 mg <1%
Zinc (from organic food blend)	0.005 mg <1%
Selenium (from organic food blend)	0.03 mcg <1%
Chromium (from organic food blend)	0.12 mcg <1%
Sodium (from organic food blend)	0.32 mg <1%
Potassium (from organic food blend)	3.8 mg <1%
Organic Food Blend	840 mg *

providing:

Organic Specialty Blend: (Organic guava extract, organic mango extract, organic lemon extract), Certified Organic Fermented Whole Foods (organic kale, organic pumpkin, organic broccoli sprout, organic red radish sprout, organic daikon radish sprout, organic cranberry, organic collard greens, organic spinach, organic pomegranate, organic blueberry, organic açai, organic blackberry, organic raspberry, organic strawberry, organic tart cherry, organic noni, organic ginger, organic beet, organic adzuki bean, organic broccoli, organic red lentil bean, organic quinoa sprout powder, organic pea, organic mango, organic banana, organic chlorella, organic spirulina, organic millet sprout)

Fermented Organic Greens with Organic Sprout Blend (organic kale, organic collard greens, organic broccoli, organic cabbage sprout, organic broccoli sprout, organic watercress sprout, organic spinach, organic kale sprout, organic mustard seed sprout, organic chlorella, organic spirulina)

Organic Aloe Vera (ACTIValue®)(inner fillet)(leaf)

*Daily Value not established

Other Ingredients: Organic gum acacia, organic maltodextrin, organic soy fiber, silica, and non-GMO corn starch. Contains soy.



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Directions: Adults take one (1) tablet daily. No need to take with food - it is food! As a reminder, discuss the supplements and medications that you take with your health care providers. **WARNING:** If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and

consult your doctor. **NO:** GMOs, wheat, gluten, milk, preservatives, artificial color, artificial flavor or artificial sweeteners. ACTIValue® and Qmatrix® are registered trademarks of Aloecorp, Inc. †Based on antioxidant (ORAC) equivalents. Product No. **9106. Do not accept if seal is broken. Store between 59°-86° F. Keep out of the reach of children.**

Manufactured by Country Life, LLC Lot No:
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For more information,
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Best by: