

*Nutritional Support for
Natural Energy Production
and Overall Well-Being.**

Free from artificial colors and preservatives.

DIRECTIONS: As a dietary supplement, one tablet daily.
KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ for **NATURE'S PLUS**
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PRODUCT NO. 3087



Great Taste  Vegetarian

Nature's Plus®

The Energy Supplements®

NATURAL PINEAPPLE FLAVOR

ADULT'S CHEWABLE

Multi-Vitamin and Mineral
Dietary Supplement



90 Tablets



Supplement Facts

Serving Size 1 Tablet

Amount Per Tablet	%DV
Calories	10
Total Carbohydrate	2 g. <1% **
Sugars	2 g. †
Vitamin A (as beta carotene)	5000 IU 100%
Vitamin C (as ascorbic acid)	150 mg 250%
Vitamin D (as ergocalciferol)	400 IU 100%
Vitamin E (as d-alpha tocopheryl acetate)	100 IU 333%
Thiamin (vitamin B-1) (as thiamine HCl)	15 mg 1000%
Riboflavin (vitamin B-2)	15 mg 882%
Niacin (as niacinamide)	25 mg 125%
Vitamin B-6 (as pyridoxine HCl)	15 mg 750%
Folate (as folic acid)	100 mcg 25%
Vitamin B-12 (as cyanocobalamin)	15 mcg 250%
Biotin	20 mcg 7%
Pantothenic Acid (as calcium pantothenate)	20 mg 200%
Calcium (as gluconate)	10 mg 1%
Iron (as gluconate)	5 mg 28%
Iodine (as potassium iodide)	100 mcg 67%
Magnesium (as gluconate)	0.145 mg <1%
Zinc (as gluconate)	0.325 mg 2%
Copper (as gluconate)	0.05 mg 3%
Manganese (as gluconate)	0.017 mg 1%
Lecithin (from soy)	25 mg †
Choline (as bitartrate)	5 mg †
Hesperidin (from <i>Citrus limon</i> exocarp)	5 mg †
Betaine HCl (from beet molasses)	5 mg †
Rutin (from <i>Sophora japonica</i> leaf)	2.5 mg †
Bioflavonoids (from <i>Citrus limon</i> exocarp)	2.5 mg †
PABA (para-aminobenzoic acid)	2.5 mg †
Inositol	2.5 mg †

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Fructose, stearic acid, silica, microcrystalline cellulose, rice bran and rose hips (*Rosa canina* fruit).