

Suggested Use: Take two packets daily – one packet with morning meal and one packet with midday or evening meal. Each packet includes 5 tablets, 1 capsule, and 1 softgel. Recommended for ages 14 and over.

Supplement Facts

Serving Size: 5 Tablets

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (93% as beta-carotene; retinyl palmitate)	12,500 IU 250%	Fruit & Vegetable Powder Complex	200 mg *
Vitamin C (as ascorbic acid, calcium ascorbate, acerola cherry extract)	1025 mg 170%	carrot, citrus bioflavonoids, cranberry, apple pectin, broccoli, orange juice, pineapple, acerola cherry extract, rosemary, spinach, tomato, grape skin extract, pomegranate fruit extract, apricot, blueberry, brussel sprouts, cabbage, elderberry fruit, kale, peach, raspberry juice, celery, strawberry	
Vitamin D (as cholecalciferol)	800 IU 200%	Arabinogalactan	150 mg *
Vitamin E (as d-alpha-tocopheryl succinate, mixed tocopherols)	400 IU 1333%	Choline (bitartrate)	125 mg *
Vitamin K (as menaquinone)	40 mcg 50%	Glucosaminan (Propot®)	75 mg *
Thiamin (as thiamine mononitrate)	25 mg 1667%	Horsetail stem extract	75 mg *
Riboflavin (as Vitamin B2)	25 mg 1471%	Cinnamon bark powder	40 mg *
Niacinamide	50 mg 250%	Fennel seed powder	40 mg *
Vitamin B6 (as pyridoxine hydrochloride)	38 mg 1900%	Peppermint leaf extract	40 mg *
Folic Acid	400 mcg 100%	Inositol	25 mg *
Vitamin B12 (as cyanocobalamin)	75 mcg 1250%	<i>Lithothamnion calcareum</i> (Aquamin™)	25 mg *
Biotin	150 mcg 50%	Olive leaf extract	10 mg *
Pantothenic Acid (as calcium pantothenate)	25 mg 250%	Lutein	5 mg *
Calcium (as calcium carbonate, calcium citrate, calcium ascorbate)	500 mg 50%	Resveratrol (resVida® trans-resveratrol)	5 mg *
Iodine (as potassium iodide)	75 mcg 50%	Vinpocetine	5 mg *
Magnesium (as magnesium oxide, magnesium citrate)	250 mg 63%	Black Pepper Extract (Biperine®)	500 mcg *
Zinc (as zinc citrate)	15 mg 100%	Boron (as boron citrate-aspartate-glycinate)	1 mg *
Selenium (as selenomethionine)	100 mcg 143%	Phosphatidyl serine	50 mcg *
Copper (as copper citrate)	1 mg 50%	Vanadium (as vanadyl sulfate)	150 mcg *
Manganese (as manganese citrate)	5 mg 250%		
Chromium (as chromium nicotinate)	150 mcg 125%		
Molybdenum (as molybdenum citrate)	65 mcg 87%		
Potassium (as potassium citrate)	65 mg 2%		

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, silicon dioxide, dextrin, magnesium stearate, dextrose, soy lecithin, sodium carboxymethylcellulose, sodium citrate.

Contains soy lecithin and phosphatidyl serine (from soy)

Store in a cool, dry place. As with any natural supplement, keep out of the reach of children. Do not use if shrink wrap is damaged or missing, or if packet is broken.

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Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving	% DV
Vitamin E (as mixed tocopherols)	2.5 IU 8.33%
Citrus extract (50% bioflavonoids)	75 mg *
Multi-enzyme complex amylase, bromelain, lipase, cellulase, lactase, alpha galactosidase, papain (from papaya)	62.5 mg *
Alpha-lipoic acid	25 mg *
Broccoli powder	25 mg *
Cabbage powder	25 mg *
Grape seed extract	25 mg *
Green tea extract	25 mg *
N-Acetyl-L-cysteine	25 mg *
Para aminobenzoic acid	25 mg *
Quercetin	25 mg *
Rutin	25 mg *
Tomato powder	25 mg *
Bilberry leaf powder	12.5 mg *
Co-enzyme Q-10	12.5 mg *
Grape skin extract	12.5 mg *
L-Glutathione	5 mg *
Black pepper extract (Biperine®)	2.5 mg *
Tocotrienols	2.5 mg *
Lycopene	1 mg *

* Daily Value (DV) not established.

Other ingredients: Gelatin, microcrystalline cellulose, calcium carbonate, silicon dioxide, magnesium stearate, croscarmellose sodium.

Exclusively manufactured
and distributed by:



Natural Alternatives International
1185 Linda Vista Drive
San Marcos, CA 92078

800-339-5952

Supplement Facts

Serving Size: 1 softgel

Amount Per Serving	% DV
Total Calories	13 < 1%†
Calories From Fat	11 < 1%†
Total Fat	1.2 g
Protein	< 0.5 g
Essential Fatty Acids Complex (as fish oil concentrate)	1000 mg *
EPA (Eicosapentaenoic acid)	180 mg
DHA (Docosahexaenoic acid)	120 mg

*Daily Value (DV) not established.

†Percent Daily Values are based on a 2,000 calorie daily diet.

Other ingredients: Gelatin, soybean oil, glycerin, water, mixed tocopherols (as a natural preservative.)
Contains fish oil from mackerel, sardines, anchovies.

To order call 800-339-5952

www.ThePathwayToHealing.com

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**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Basic Nutrient Support™

These 7 Powerful Complexes Provide the Foundation for Addressing Any Health Concern**

- Vitamin and Basic Antioxidant Complex.** 16 vitamins and antioxidants to promote immunity and free radical defense, enhance energy production, and support heart and eye health.**
- Mineral Complex.** 14 minerals that support bone and muscle health, increase energy production, and promote immunity and free radical defense.**
- Cell and Nervous System Complex.** 4 nutrients to enhance memory and mental clarity and maintain the health and integrity of cell membranes.**
- Fruit and Vegetable Complex.** A concentration of 25 fruits and vegetables with a broad spectrum of phytonutrients that promote immunity and free radical defense.**
- Digestion and Absorption Complex.** 6 nutrients that promote proper digestion and enhance the bioavailability of other ingredients.**
- Super Antioxidant Complex.** 22 nutrients to promote immunity and free radical defense and support cardiovascular function.**
- Essential Fatty Acid Complex.** 2 essential fatty acids that enhance joint function, promote mental clarity, and support the nervous system and cardiovascular function.**

No Artificial Flavors • No Iron • No Artificial Colors