

Nature's Plus
The Energy Supplements

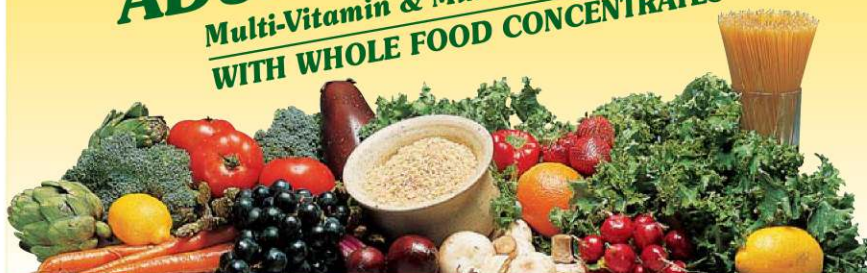
Source of Life

Guaranteed
Burst of Energy

ADULT'S CHEWABLE
Multi-Vitamin & Mineral Supplement

GLUTEN
Free

WITH WHOLE FOOD CONCENTRATES



Delicious Apple Cinnamon Flavor
Vegetarian • Hypo-Allergenic • 90 Wafers

Supplement Facts

Serving Size 2 Wafers
Servings Per Container 45

	Amount Per Serving	%DV
Calories	35	
Total Carbohydrate	9 g	3%**
Sugars	9 g	
Vitamin A (as beta carotene)	5,000 IU	100%
Vitamin C (as ascorbic acid)	300 mg	500%
Vitamin D3 (as cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	100 IU	333%
Vitamin K2 (as menaquinone-4, menaquinone-7)	80 mcg	100%
Thiamin (vitamin B1) (as thiamine HCl)	25 mg	1667%
Riboflavin (vitamin B2)	25 mg	1471%
Niacin (as niacinamide)	25 mg	125%
Vitamin B6 (as pyridoxine HCl)	25 mg	1250%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	1000 mcg	16,667%
Biotin	100 mcg	33%
Pantothenic Acid (as calcium pantothenate)	25 mg	250%
Calcium (as aminoate complex)	100 mg	10%
Iron (as aminoate complex)	4.5 mg	25%
Iodine (from kelp)	150 mcg	100%
Magnesium (as aminoate complex)	50 mg	13%
Zinc (as aminoate complex)	10 mg	67%
Selenium (as aminoate complex)	20 mcg	29%
Copper (as aminoate complex)	1 mg	50%
Manganese (as aminoate complex)	5 mg	250%
Chromium (as aminoate complex)	25 mcg	21%
Molybdenum (as aminoate complex)	37.5 mcg	50%
Potassium (as aminoate complex)	5 mg	<1%

Nutrient Base (spirulina, bee pollen, ginseng [<i>Panax ginseng</i> root], octacosanol)	350 mg	†
Enzyme Complex (bromelain [from pineapple fruit], papain [from papaya fruit], betaine HCl [from beet molasses], apple pectin, amylase [from brown rice fermentation], lipase [from brown rice fermentation])	50 mg	†
Lipid Complex (black currant seed oil, sunflower oil)	25 mg	†
Inositol	25 mg	†
Bioflavonoid Complex (flavonols, flavonones, flavones, naringin, hesperidin and eriocitrin [8.8 mg] [from <i>Citrus limon</i> exocarp], quercetin and rutin [from <i>Sophora japonica</i> and <i>Dimorphandra mollis</i>])	20 mg	†
Choline (as bitartrate)	15 mg	†
PABA (para-aminobenzoic acid)	5 mg	†
Plant Pigment Complex (chlorophyll [from spirulina], carotenoids)	4 mg	†

**Percent Daily Values are based on a 2,000 calorie diet.

†Daily Value (DV) not established.

Other ingredients: Fructose, guar gum, natural apple flavor, stearic acid, magnesium stearate, silica, cinnamon, natural vanilla flavor, microcrystalline cellulose, astragalus root, ligustrum berry, schisandra fruit, young barley leaf, *Echinacea angustifolia* root, Irish moss (*Chondrus crispus*), thyme leaf and rice bran.

LBL 1131769

**Nutritional Support for Natural Energy
Production and Overall Well-Being.***

Free from artificial colors and preservatives.

Free from the common allergens yeast, wheat, soy and milk.

Mineral aminoates are whole brown rice chelates.

DIRECTIONS: As a dietary supplement, chew two wafers once daily.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured with LOVE ♥ by
Natural Organics Laboratories, Inc.
makers of **Nature's Plus**

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