

For more information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

KEEP OUT OF REACH OF CHILDREN.
Store in a cool, dry place.

ACTUAL SIZE

0
48107 06071
8

GNC

B-Complex 125 with C

DIETARY SUPPLEMENT

*supports energy production and
natural resistance*

*This statement has not been evaluated by
the Food and Drug Administration. This
product is not intended to diagnose,
treat, cure, or prevent any disease.*

60 CAPLETS

TIMED
RELEASE

CODE 055313

JJG

Directions: As a dietary supplement, take one caplet daily.

Supplement Facts

Serving Size One Caplet

Amount Per Serving	% Daily Value	
Vitamin C (as Ascorbic Acid)	125 mg	208%
Thiamin (Vitamin B-1)(as Thiamin Mononitrate)	125 mg	8333%
Riboflavin (Vitamin B-2)	125 mg	7353%
Niacin (as Niacinamide)	125 mg	625%
Vitamin B-6 (as Pyridoxine Hydrochloride)	125 mg	6250%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	125 mcg	2083%
Biotin	125 mcg	42%
Pantothenic Acid (as Calcium d-Pantothenate)	125 mg	1250%
Choline Bitartrate	125 mg	*
Inositol	125 mcg	*
para-Aminobenzoic Acid (PABA)	75 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, Dicalcium Phosphate, Rose Hips Powder (Rosina canina).

Potencies verified by GNC procedure #5103. Conforms to USP <2091> for weight. Disintegrates over five hours for timed-release benefit.

No Sugar, No Artificial Colors, No Artificial Flavors,
No Preservatives, No Wheat, No Gluten, No Soy, No Dairy,
Yeast Free.

Lot No./Best By: