



Best by:

Lot No:

Directions: Adult males take one (1) tablet daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts **Serving Size** 1 tablet. Vitamin A (as beta carotene, natural mixed carotenoids) 2,500 I.U.(50% DV). Vitamin C (as ascorbic acid, amla extract, acerola berry extract) 100 mg (167% DV). Vitamin D (D₃)(as cholecalciferol) 400 I.U. (100% DV). Vitamin E (as d-alpha tocopheryl acid succinate) 50 I.U. (167% DV). Vitamin K (as phytonadione, menaquinone) 81 mcg (101% DV). Thiamin (vitamin B1)(as thiamine hydrochloride, thiamine cocarboxylase) 5 mg (333% DV). Riboflavin (vitamin B2)(as riboflavin, riboflavin 5' phosphate) 5 mg (294% DV). Niacin (as inositol hexanicotinate, chromium polynicotinate) 20 mg (100% DV). Vitamin B6 (as pyridoxine hydrochloride, pyridoxal 5' phosphate) 5 mg (250% DV). Folic Acid 400 mcg (100% DV). Vitamin B12 (as cyanocobalamin, methylcobalamin) 100 mcg (1,666% DV). Biotin (as d-Biotin) 300 mcg (100% DV). Pantothenic Acid (as d-calcium pantothenate, pantethine) 26 mg (260% DV). Calcium (as calcium hydroxyapatite, ascorbate, calcium fructoborate)† 114 mg (11% DV). Phosphorus (as calcium hydroxyapatite)† 51 mg (5% DV). Magnesium (as magnesium oxide)† 46 mg (12% DV). Zinc (as zinc citrate)† 10 mg (67% DV). Selenium (as sodium selenate)† 70 mcg (100% DV). Copper (as copper amino acid chelate)† 0.5 mg (25% DV). Manganese (as manganese amino acid chelate)† 2 mg (100% DV). Chromium (as chromium polynicotinate)† 50 mcg (42% DV). Molybdenum (as molybdenum amino acid chelate)† 25 mcg (33% DV). Potassium (as potassium citrate)† 10 mg <1%. Proprietary Men's Health Blend: 227 mg (* DV). Saw Palmetto Extract (berry). Calcium fructoborate(FruiteX B®)(providing 1 mg Boron). Ginger Extract 10:1(rhizome). Tomato Extract (providing 1 mg lycopene). Fermented Organic Whole Food Blend: Organic Whole Vegetables (organic kale, organic pumpkin, organic red radish sprout, organic broccoli sprout, organic daikon radish sprout, organic collard green, organic spinach, organic beet, organic broccoli, organic pea). Organic Whole Fruit (organic cranberry, organic acai, organic blueberry, organic blackberry, organic raspberry, organic strawberry, organic tart cherry, organic pomegranate, organic banana, organic mango). Organic Whole Legumes and Grains (organic adzuki bean, organic red lentil bean, organic quinoa sprout powder, organic millet sprout). Organic Super Foods (organic noni, organic ginger, organic chlorella, organic spirulina). Pygeum Extract 70:1 (bark). Organic Pumpkin Seed Extract. Organic Aloe Vera (ACTiValue®)(100% inner fillet of leaf). Enzyme Blend providing: Protease (from *aspergillus oryzae*) 154 H.U.. Amylase (from *aspergillus oryzae*) 53 D.U.. Lipase (from *rhizopus oryzae*) 1.5 L.U.. Cellulase (from *trichoderma longibrachatum*) 0.62 C.U. Lactase (from *aspergillus oryzae*) 23.45 Lac.U.. Potassium (as potassium citrate)† 10 mg <1%Proprietary Probiotic Blend from: Lactobacillus rhamnosus 420,000**. Lactobacillus acidophilus 360,000**. Bifidobacterium lactis 300,000**. Bifidobacterium longum 120,000**. Inositol (as inositol, inositol hexanicotinate) 54 mg (* DV). Citrus Bioflavonoid Complex (from lemon, orange and grapefruit)(fruit) 25 mg (* DV). Choline (from 56 mg choline bitartrate) 23 mg (* DV). * Daily Value not established. ** Viable cell count at the time of manufacture.

Other Ingredients: Cellulose, gum arabic, cellulose & glycerin coating, silica, sunflower oil, modified corn starch, maltodextrin, vegetable glaze. Contains milk and soy.

H.U. - Haemoglobin Units

D.U. - Dextrinizing Units

L.U. - Lipase Units

C.U. - Cellulase Units

Lac.U.- Lactase Units

***** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

NO: Wheat, gluten, artificial color, artificial flavor, or artificial sweeteners.

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CORE Daily-1

MULTIVITAMINS



- Supports Energy Metabolism***
- Whole Food Based Multi
- Probiotics and Enzymes
- Coenzyme B-Vitamins
- Saw Palmetto, Pygeum, Lycopene, and Pumpkin Seed Extract
- Gluten-Free



Dietary Supplement

60 Tablets

WARNING: If you are pregnant, nursing, weight. FruiteX B® (US #5962049) is a diabetic, hypoglycemic, taking medication registered trademark and is licensed or planning a surgery, consult your doctor exclusively from VDF-FutureCeuticals, Inc. before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. Product No. ChromeMate® brand niacin-bound chromium. ChromeMate® is a registered trademark of InterHealth N.I. ACTiValue® and Qmatrix® are registered trademarks of Aloecorp, Inc. Store between 59°-86° F. † Country Life of Aloecorp, Inc. always labels minerals in elemental

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