

1-000-9304-00



OPTISOURCE® Chewable Vitamin & Mineral Supplement

OPTVIT

Just four chewable tablets help individuals after bariatric surgery get at least 100% of the daily value for 23 vitamins and minerals.

DETAILS

With the recommended daily dose of just four OPTISOURCE chewable tablets, individuals recovering from malabsorptive bariatric surgery will receive at least 100% of the daily value for 23 vitamins and minerals, including calcium, vitamin B12, iron and folic acid.

Nutrition Information		Amount per Serving** 1 Tablet (2.8 g)	%DV
Calories	kcal	5	
Sodium	mg (mEq)	5 (0.2)	<1
Total Carbohydrate	g	1	<1
Sugars	g	1	
Vitamin A	IU	1875	37
Vitamin C	mg	15	25
Calcium	mg	250	25
Iron	mg	7.5	42
Vitamin D	IU	100	25
Vitamin E	IU	125	417
Vitamin K	mcg	40	50
Thiamin	mcg	375	25
Riboflavin	mcg	425	25
Niacin	mg	5	25
Vitamin B ₆	mcg	500	25
Folic Acid	mcg	200	50
Vitamin B ₁₂	mcg	125	2083
Biotin	mcg	75	25
Pantothenic Acid	mg	2.5	25
Phosphorus	mg	50	5
Iodine	mcg	37.5	25
Magnesium	mg	100	25
Zinc	mg	7.5	50
Selenium	mcg	17.5	25
Copper	mg	0.5	25
Manganese	mg	0.5	25
Chromium	mcg	30	25
Molybdenum	mcg	18.75	25

IRON WARNING STATEMENT

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6.

Keep this product out of reach of children.

In case of accidental overdose, call a doctor or poison control center immediately.