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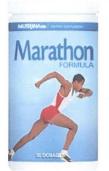


The Marathon Formula is a stronger version of the Athlete Formula with more B1, C and minerals for when you exercise or work hard.

Product Code: 10903 Quantity: 30 Packets

Serving Size: 1 Packet

MARATHON - 30 PACKETS



Stonger than the Athlete, more B1,C and minerals.

Supplement Facts & Directions

Directions: Take one packet daily, with or after a meal. Keep the container in a cool,dry place out of children's reach. Pregnant or nursing women, or anyone taking medication or who has a medical condition, should consult a health-care professional before using product.

Vitamin A(palmitate): 10,000 IU Vitamin C(ascorbic acid): 1.000 IU Vitamin D(ergocalciferol):400 IU Vitamin E(DL-Alpha Tocopheryl):800 IU Thiamin(thiamin mononitrate):600 mg Riboflavin (B12):100 mg Niacin:100 mg Niacin(niacinamide):100 mg Vitamin B6(pyridoxine HCI): 100 mg Folate (folic acid): 200 mcg Vitamin B12(cyanocobalamin) 100 mcg Biotin: 100 mcg Pantothenic Acid: 100 mg Calcium(amino acid chelate):500 mg Iron(amino acid chelate): 18 mg Iodine (kelp): 225 mcg Magnesium(amino acid chelate):250mg Zinc(amino acid chelate): 15 mg Selenium(selenium veast:50 mcg Copper(amino acid chelate):2 mg

Manganese(amino acid chelate): 4mg Chromium(yeast): 50 mcg Potassium (proteinate): 45 mg