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Nopalina - Flax Seed Plus Formula - 240 Capsules

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Nopalina Flax Seed Plus Formula 240 Capsules

PROMOTES A HEALTHY LIFESTYLE, HEALTHY DIGESTION, WEIGHT LOSS, REGULARITY & HEALTHY SUGAR LEVELS* * WHEN LEVELS ARE ALREADY WITHIN NORMAL RANGE.

Insoluble fiber is indigestible and passes through the body virtually intact. Since the digestive tract can handle only so much bulk at a time, fiber-rich foods may be more filling than other foods. As a result, people may tend to eat less. Aids in indigestion and adds bulk to stool. It hastens the passage of fecal matter through digestive, thus helping to prevent or alleviate occasional, minor constipations. helps to blood glucose support, heart health. Nopalina is supplement food like cereal but with high fiber contents.

Contains: Omega-3, omega-6, omega-9, Canadian flax seed, wheat bran, psyllium husk, oat bran, cactus, senna leaf, apple extract, grapefruit extract, orange extract, pineapple extract.

Nutrition Facts: Serving Size 4 capsules (2.6g)

Servings Per container 60

Calories 10

Calories From Fat 0

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g, Polyunsaturated 0g, Monounsaturated 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 1g 0%

Dietary fiber less than 1 g 0%

Sugars 0g

Protein less than 1g 1.2mg 20mg 1.08mg

Vitamin A 0%, Vitamin C 2%, Calcium 2%, Iron 6%

* Percent Daily Value are based on a 2,000 calorie diet.

Your daily values may be higher or lower depending on your Calorie intake.

Directions: Take 4 capsules of Nopalina with a full glass of water, juice or milk twice a day. Drink a minimum of 8 glasses of water daily.