

SUGGESTED USAGE: As a dietary supplement, mix or blend 1 level tablespoon into 8 oz. of juice or water. Take 1 to 3 times daily. Consider taking these other NOW® products: Oat Bran, Psyllium and Flax Seed Oil.

This product is a potent blend of 30 nutrient dense superfoods with a variety of vitamins, minerals, fiber, chlorophyll, enzymes and herbs. This pleasant tasting supplement is the ideal way to start each day. TO YOUR HEALTH!

Not manufactured with milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

NutraFlora® is a registered trademark of GTC Nutrition.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Store in a cool, dry place after opening. Please Recycle.

This product is sold by weight not volume.

Made in the USA

CODE 2706 V5



Green PhytoFoods

SUPERFOOD BLEND

**30 Whole Food Concentrates
& Standardized Herbal
Extracts**

Net Wt. 2 lbs. (907 g)

A Dietary Supplement



Supplement Facts

Serving Size 1 Level Tablespoon (9.3 g)
Servings Per Container about 98

	Amount Per Serving	% Daily Value
Calories	40	
Calories from Fat	15	
Total Fat	2 g	3%*
Saturated Fat	0.5 g	3%*
Trans Fat	0 g	†
Cholesterol	0 mg	0%
Total Carbohydrate	4 g	1%*
Dietary Fiber	1.5 g	6%*
Sugars	1.5 g	†
Protein	2 g	4%*
Vitamin A (100% Beta-Carotene)	2450 IU	49%
Calcium	30 mg	3%
Iron	2 mg	11%
Iodine (from Kelp)	90 mcg	60%
Sodium	25 mg	1%
Soy Lecithin (Granules)	2 g	†
Organic Spirulina Powder	1 g	†
Alfalfa Juice Concentrate	700 mg	†
Organic Wheat Grass Powder	500 mg	†
Organic Barley Grass Powder	500 mg	†
Carrot Powder	500 mg	†
Barley Malt Powder	400 mg	†
Broccoli Powder	350 mg	†
Brown Rice Bran	350 mg	†
Apple Fiber	350 mg	†
Apple Pectin	300 mg	†
Oat Bran	300 mg	†
Organic Chlorella Powder (Broken Cell Wall)	300 mg	†
Red Beet Powder	300 mg	†

	Amount Per Serving	% Daily Value
Panax Ginseng Root Extract (Standardized for Ginsenosides)	250 mg	†
Eleuthero (<i>Eleutherococcus senticosus</i>) (Root)	100 mg	†
Peppermint Powder	150 mg	†
Green Tea Extract (Leaf) (<i>Camellia sinensis</i>) (Standardized for Catechins (up to 8 mg of naturally occurring caffeine)	100 mg	†
Royal Jelly Powder (Standardized for 10-HDA)	100 mg	†
Fructooligosaccharides (NutraFlora® FOS)	100 mg	†
Trace Mineral Concentrate	100 mg	†
Milk Thistle Extract (Seed) (Standardized for Silymarin)	80 mg	†
Kelp Powder	50 mg	†
Ginkgo Biloba Extract (Leaf) (Standardized for Ginkgolavonglycosides)	20 mg	†
Grape Seed Extract (<i>Vitis vinifera</i>) (Standardized for Polyphenols)	20 mg	†
Bilberry Extract (Fruit) (Standardized for Anthocyanins)	20 mg	†
Plant Multi-Enzyme Blend (Protease, Acid-Stable Protease, Amylase, Lipase, Cellulase, Lactase, Papain, Bromelain)	350 mg	†
Coenzyme Q10 (CoQ10)	10 mg	†
Alpha Lipoic Acid	10 mg	†
Organic Stevia Extract (Leaf)	10 mg	†

*Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: None.

Manufactured by NOW FOODS
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For more product information
visit www.nowfoods.com/2706