

## VITAMIN C

# VITAMIN C CRYSTALS

An easily dispersible form of Vitamin C

**Gluten-Free  
Dietary Supplement  
Net wt. 4 oz. (113 g)**



**Do not accept if seal is broken.**

Product No. 7093

**Store between 59°-86° F.**

**Keep out of the reach of children.**

**WARNING:** Not for use by pregnant or nursing women. If you are taking medication or are planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, corn, wheat, soy, gluten, milk, salt, sugar, preservatives or artificial color.

Lot No:

11F11L

Best by:



**Directions:** Adults, mix 1/4 to 1/2 teaspoon (1.25 g - 2.5 g) with fruit juice or water. Vitamin C crystals may also be sprinkled on food. Increase intake of vitamin C as needed. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

**Serving Size** 1/2 teaspoon (2.5 g)

**Servings Per Container** About 44

Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid) 2,500 mg (2.5 g)	4,167%

Other Ingredient: Cellulose.



This product has been manufactured at an NSF GMP Registered facility.

**Manufactured for Country Life, LLC**

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CountryLifeVitamins.com