

CAPSULE SIZE

Made in the USA



CODE 4761 V4

Do Not Eat Freshness Packet. Keep in Bottle.

St. John's Wort (*Hypericum perforatum*) has a long history of traditional use by herbalists dating back more than 2000 years.

Caution: For adults only. Do not exceed 3 capsules daily, unless directed by a health care professional. Larger amounts may contribute to photosensitizing reactions (skin reddening) in the presence of strong sunlight or tanning beds. St. John's Wort is known to interact with antidepressants, oral contraceptives, immunosuppressants, anticoagulants, anti-seizure, chemotherapeutic agents, and other prescription and over-the-counter medications. Do not use this product while taking any medication or if you have a medical condition without the advice of your physician. Not for use by pregnant or lactating women. Keep out of reach of children.

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 3 times daily, preferably with meals. Consider taking these other NOW® products: L-Theanine, GABA and 5-HTP.

St. John's Wort

STANDARDIZED EXTRACT

300 mg

0.3% Hypericin

250 Veg Capsules

A Dietary Supplement Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving

St. John's Wort Extract (*Hypericum perforatum*) 300 mg*
(Aerial Part with Flowers) (min. 0.3% Hypericin)

* Daily Value not established.

Other ingredients: Rice Flour, Cellulose (capsule), Silica and Magnesium Stearate (vegetable source).

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomington, IL 60108, USA

For more product information visit www.nowfoods.com/4761

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variations may occur in this product.

Store in a cool, dry place after opening. Please Recycle.