

ACTUAL SIZE



CODE 0420T
V4

*This statement has not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Store in a cool, dry place. Please Recycle.

Do Not Eat Freshness Packet. Keep in Bottle.

Contains no sugar, salt, wheat, gluten, soy, milk, egg, shellfish or preservatives.

daily intake in one complete supplement.

B-50 Capsules are a blend of key B vitamins combined with other nutritional factors for enhanced synergism. This formula provides recommended potencies of the most important B vitamins and is designed to supply your body's required

and Tru-C BioComplex™.

SUGGESTED USAGE: As a dietary supplement, take one capsule daily with a meal. Consider taking this product in combination with NOW® Relora®, Super Cortisol Support

B-50

NUTRITIONAL HEALTH

- B-Complex For Maximum Effectiveness
- Supports Energy Production*

100 Capsules

A Dietary Supplement



Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% Daily Value
Thiamin (from Thiamin HCl) (Vitamin B-1)	50 mg	3333%
Riboflavin (Vitamin B-2)	50 mg	2941%
Niacin (as Niacinamide) (Vitamin B-3)	50 mg	250%
Vitamin B-6 (from Pyridoxine HCl)	50 mg	2500%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	50 mcg	833%
Biotin	50 mcg	17%
Pantothenic Acid (from Calcium Pantothenate)	50 mg	500%
PABA	50 mg	†
Choline (from Choline Bitartrate)	40 mg	†
Inositol	50 mg	†

† Daily Value not established.

Other ingredients: Gelatin (capsule), Cellulose, Silica and Magnesium Stearate (vegetable source).

Formulated & Distributed by NOW FOODS, 395 S. Glen Ellyn Rd.

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