



100% Natural Hawaiian

Spirulina Powder

NUTRIENT RICH SUPERFOOD

100% Pure

- Rich in Chlorophyll, Beta-Carotene, and Vitamin B-12
- Good Source of Vegetable Protein

Net Wt. 4 lbs. (1814 g)

A Dietary Supplement Vegetarian Product



SUGGESTED USAGE: As a dietary supplement, take one level tablespoon one or more times daily, mixed in water, fruit or vegetable juice. Consider taking this product in combination with NOW® Bee Pollen, Lecithin and Chlorella.

NOW® Spirulina delivers the natural nutrient profile found in Genuine Whole Foods.

Spirulina contains the highest protein and beta-carotene levels of all green superfoods, and is also a rich source of GLA (Gamma Linolenic Acid), a popular fatty acid with numerous health benefits. In addition, it is the highest known vegetable source of B-12 and provides optimum levels of vitamins, minerals, trace elements, cell salts, amino acids and enzymes.

Store in a cool, dry place. Please Recycle.

This product is sold by weight not volume.

Supplement Facts

Serving Size 1 Level Tablespoon (7 g)

Servings Per Container 259

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	1.5 g	< 1%*
Protein	4 g	8%*
Sodium	100 mg	4%
Spirulina	7.0 g (7,000 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Each serving may typically provide the following naturally occurring nutrients:

Beta-Carotene (as pro-Vitamin A 15.75 mg)	26,250 IU	525%
Thiamine (Vitamin B-1)	175 mcg	12%
Riboflavin (Vitamin B-2)	250 mcg	15%
Vitamin B-12	5 mcg	83%
Calcium	30 mg	3%
Iron	3.5 mg	19%
Gamma Linolenic Acid (GLA)	65 mg	†
Chlorophyll	55 mg	†

Other ingredients: None.

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108

Made in the U.S.A. www.nowfoods.com

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

100% Pure.

Vegetarian/Vegan Product.



CODE 2694 V5