

CAPSULE SIZE



Made in the USA

CODE 0369B

V4

Caution: For adults only. Consult your physician if pregnant/nursing, taking any anti-coagulant drugs (such as warfarin, coumadin, heparin) or other medication, or have a medical condition. Keep out of reach of children.

Do Not Eat Freshness Packet. Keep in Bottle.

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 1 to 2 times daily with food. Consider taking these other NOW® products: Calcium and Magnesium.

NOW® combines two nutrients extensively researched for their benefits for the bones, teeth and cardiovascular system. Vitamin D₃ promotes calcium absorption and calcium transport to bones. Recent studies indicate that Vitamin D₃ may support healthy insulin action and glucose metabolism and may have a positive impact on immune function. Vitamin K₂, likewise, is beneficial in the areas of bone and cardiovascular health. Vitamin K is critical for the formation of healthy, strong bone matrix. Bone quality is dependent on the presence of adequate Vitamin K. Vitamin K's role in arterial health revolves around its ability to support proper calcium metabolism in vascular structures. Vitamin K₂ is the most biologically active form of Vitamin K.*

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Vitamin D-3 & K-2

1,000 IU / 45 mcg

SUPPORTS BONE HEALTH

Plus Cardiovascular Support*

120 Veg Capsules

A Dietary Supplement



Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin C (from Ascorbyl Palmitate)	3 mg	5%
Vitamin D ₃ (as Cholecalciferol) (from Lanolin)	1,000 IU	250%
Vitamin K ₂ (as Menaquinone)	45 mcg	56%

Other ingredients: Rice Flour, Cellulose (capsule), Maltodextrin and Silica.

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomington, IL 60108, USA

For more product information visit www.nowfoods.com/0369

Not manufactured with wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.