

CODE 2691

V7



SUGGESTED USAGE: As a dietary supplement, take one level tablespoon daily, mixed in water, fruit or vegetable juice. Consider taking this product in combination with NOW® Bee Pollen, Lecithin and Chlorella.

NOW® Spirulina delivers the natural nutrient profile found in Genuine Whole Foods.

Spirulina (*Arthrospira platensis*) rests atop the green superfood pantheon. This blue-green vegetable plankton has been a source of nutrition for humans since the Aztecs harvested it centuries ago. Spirulina very well may have been the first photosynthetic life form created, and it still contains the rich nutrient content that supports the diversity of life we have on Earth today.

Spirulina contains the highest protein and beta-carotene levels of all green superfoods, and is also a rich source of GLA (Gamma Linolenic Acid), a popular fatty acid with numerous health benefits. In addition, it is the highest known vegetable source of B-12 and provides optimum levels of vitamins, minerals, trace elements, cell salts, amino acids and enzymes.

Store in a cool, dry place. Please Recycle.

This product is sold by weight not volume.



100% Natural Hawaiian Spirulina Powder

NUTRIENT RICH SUPERFOOD

100% Pure

- Rich in Chlorophyll, Beta-Carotene, and Vitamin B-12
- Good Source of Vegetable Protein

Net Wt. 1 lb. (454 g)

A Dietary Supplement Vegetarian Product



Supplement Facts

Serving Size 1 Level Tablespoon (7 g)

Servings Per Container 64

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	1.5 g	< 1%*
Protein	4 g	8%*
Sodium	100 mg	4%
Spirulina	7.0 g (7,000 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Each serving may typically provide the following naturally occurring nutrients:

Beta-Carotene (as pro-Vitamin A 15.75 mg)	26,250 IU	525%
Thiamine (Vitamin B-1)	175 mcg	12%
Riboflavin (Vitamin B-2)	250 mcg	15%
Vitamin B-12	5 mcg	83%
Calcium	30 mg	3%
Iron	3.5 mg	19%
Gamma Linolenic Acid (GLA)	65 mg	†
Chlorophyll	55 mg	†

Other ingredients: None.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108 Made in the U.S.A. www.nowfoods.com
100% Pure. **Vegetarian/Vegan Product.**

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.