

SOFTGEL
SIZE

CODE 0364 V6

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Vitamin D-3

STRUCTURAL SUPPORT

400 IU

- Helps Maintain Strong Bones
- Supports Dental Health*

180 Softgels

A Dietary Supplement



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol) (from Lanolin) 400 IU	100%

Other Ingredients: Extra Virgin Olive Oil and Softgel Capsule (gelatin, glycerin, water).

Formulated & Distributed by NOW FOODS

395 S Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/0364

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.

SUGGESTED USAGE: As a dietary supplement, take 1 softgel 1 to 2 times daily with food. Consider taking these other NOW® products: Vitamin A and Calcium.

NOW® Vitamin D softgels supply this key vitamin in a highly-absorbable liquid softgel form. Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun. However, it is not abundant in food. As more people avoid sun exposure, Vitamin D supplementation becomes even more necessary to ensure that your body receives an adequate supply.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Made in the USA