

Store in a cool, dry place after opening. Please Recycle

Formulated & Distributed by NOW FOODS  
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA  
For more product information visit [www.nowfoods.com/0361](http://www.nowfoods.com/0361)

Other ingredients: Softgel Capsule (gelatin, glycerin, water),  
Rice Bran Oil and Corn Oil.  
Contains fish (cod, saithe, haddock, pollock).

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## Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin A (60% as Beta-Carotene and 40% from Fish Liver Oil)	25,000 IU 500%	
Vitamin D <sub>3</sub> (as Cholecalciferol) (from Lanolin)	1,000 IU 250%	



# Ultra A&D-3

## ESSENTIAL NUTRITION

25,000/1,000 IU

- Helps Maintain Strong Bones and Teeth
- Necessary for Maintenance of Eye Health\*

100 Softgels

A Dietary Supplement



**SUGGESTED USAGE:** As a dietary supplement, take 1 softgel daily with a meal, or as directed by your healthcare practitioner. Consider taking these other NOW® products: Omega-3 Fish Oil, Advanced Gamma E Complex and Zinc.

Vitamin A is essential for the maintenance of healthy epithelial tissue, which is found in the eyes, skin, respiratory system, GI and urinary tracts. Vitamin D promotes calcium absorption and calcium transport to bones.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** For adults only. Do not exceed the recommended dose. Do not use if you are pregnant, may become pregnant, or are breastfeeding. Consult with your physician. Also consult physician if taking medication or have a medical condition. Keep out of reach of children.

Made in the USA

CODE 0361 v3

SOFTGEL  
SIZE

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