

ACTUAL
SIZE

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CODE 0358



adequate supply.

NOW® Chewable Vitamin D-5000 supplies this key vitamin in a tasty chewable form. Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun. However, it is not abundant in food. As more people avoid sun exposure, Vitamin D supplementation becomes even more necessary to ensure that your body receives an

adequate supply.

Do not exceed the recommended dose. Consult your health care practitioner if you have any kidney disorders, hypercalcemia, are taking any medications, or are pregnant/nursing. Keep out of reach of children.

NOW® products: Vitamin A and Calcium supplements.

SUGGESTED USAGE: As a dietary supplement, take 1 chewable tablet every 2 days with a meal, or as directed by your health care practitioner. Consider taking these other NOW® products: Vitamin A and Calcium supplements.



Chewable Vitamin D-3

STRUCTURAL SUPPORT

5,000 IU

- Helps Maintain Strong Bones
- Supports Dental Health*
- Natural Mint Flavor

120 Chewables

A Dietary Supplement



Supplement Facts

Serving Size 1 Chewable Tablet

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol) (from Lanolin)	5,000 IU	1250%

Other ingredients: Xylitol, Cellulose, Sorbitol, Stearic Acid (vegetable source), Silica, Ascorbyl Palmitate, Natural Peppermint Flavor and Natural Vanilla Flavor.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.

Bloomington, IL 60108 Made in the U.S.A. www.nowfoods.com

Contains no salt, yeast, wheat, gluten, soy, milk, egg or shellfish. Store in a cool, dry place. Please Recycle.

Do Not Eat Freshness Packet. Keep in Bottle.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.