

Do not accept if seal is broken. Product No. 2971
Store between 59°-86° F.
Keep out of the reach of children.

Target-Mins™ are complexed with specific free-form amino acids and other carriers for optimum mineral transport.

† Country Life always labels minerals in elemental weight.



This product has been manufactured at an NSF GMP Registered facility.

Lot No:

Best by:



MINERALS

TARGET-MINS™

CALCIUM-MAGNESIUM

Complex

with Vitamin D₃

1000 mg - 500 mg - 400 I.U.

(in two convenient tablets)

Gluten-Free

Dietary Supplement
Tablets

Country Life®

Directions: Adults take two (2) tablets daily with food. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets

Servings Per Container 45

Amount Per Serving	% Daily Value	
Vitamin D (D ₃) (as cholecalciferol)	400 I.U.	100%
Calcium (as calcium hydroxyapatite, alpha-ketoglutarate, aspartate, lysinate)†	1,000 mg (1 g)	100%
Phosphorus (from calcium hydroxyapatite)†	500 mg	50 %
Magnesium (as magnesium oxide, alpha-ketoglutarate, aspartate, citrate, taurinate)†	500 mg	126%

Other Ingredients: Cellulose, cellulose & glycerin coating, magnesium stearate, stearic acid, silica, vegetable glaze.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, wheat, soy, gluten, milk, or preservatives.

Manufactured by Country Life, LLC

180 Vanderbilt Motor Parkway, Hauppauge, NY 11788

CountryLifeVitamins.com