

Do not accept if seal is broken. Product No. 7830
Store between 59°-86° F. Keep out of the reach of children.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, wheat, gluten, milk, sugar, preservatives or artificial color.

Lot No:

Best by:

12H11L



VITAMIN E

NATURAL E-COMPLEX

400 I.U.

with Mixed Tocopherols

Gluten-Free
Dietary Supplement
30 Softgels

Directions: Adults take one (1) softgel daily. For best utilization, take with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 softgel

| Amount Per Serving | % Daily Value | |
|--------------------------------------------------------------------------------------------------------|---------------|--------|
| Vitamin E (as d-alpha tocopherol with natural unesterified d-beta, d-delta, d-gamma tocopherols) | 400 I.U. | 1,333% |

Other Ingredients: Gelatin, glycerin, purified water (capsule shell), 100% bovine gelatin, BSE-free

Certified



Manufactured for Country Life, LLC
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)
CountryLifeVitamins.com