

Do not accept if seal is broken.

Product No. 2687

Store between 59°-86° F.

Keep out of the reach of children.

† Country Life always labels minerals in elemental weight.



This product has been manufactured at an NSF GMP Registered facility.

Lot No:

Best by:



MINERALS

MAGNESIUM CITRATE

250 mg

(in two convenient tablets)

**Gluten-Free
Dietary Supplement
120 Tablets**

Directions: Adults, take two (2) tablets daily. For best utilization, take with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets

Servings Per Container 60

Amount Per Serving	% Daily Value	
Calcium (as dicalcium phosphate)†	230 mg	23%
Phosphorus (as dicalcium phosphate)†	180 mg	18%
Magnesium (as magnesium citrate)†	250 mg	63%

Other Ingredients: Cellulose, Croscarmellose, stearic acid, cellulose & glycerin coating, magnesium stearate, silica, vegetable glaze.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

NO: Yeast, wheat, soy, gluten, milk, salt, sugar, preservatives or artificial color.

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