

Do not accept if seal is broken.

Product No. 2685

Store between 59°-86° F.

Keep out of the reach of children.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, wheat, soy, gluten, milk, salt, sugar, preservatives or artificial color.

† Country Life always labels minerals in elemental weight.

Lot No:

Best by:

07K11L



**Country[®]
Life**

MINERALS

CHELATED MAGNESIUM

250 mg

Gluten-Free

**Dietary Supplement
90 Tablets**

Directions: Adults take one (1) tablet daily. For best utilization, take with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 tablet

Amount Per Serving	% Daily Value	
Magnesium (as magnesium amino acid chelate, magnesium oxide)†	250 mg	63%

Other Ingredients: Cellulose, stearic acid, silica, magnesium stearate, cellulose & glycerin coating, vegetable glaze.



This product has been manufactured at an NSF GMP Registered facility.

Manufactured by Country Life, LLC
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