

Easy Cleanse™ A.M. Detox Formula

Easy Cleanse™ A.M. Detox Formula contains a unique blend of specialized herbs, nutrients, and green foods that support gastrointestinal health. This innovative formula works around the clock to assist the body in a natural detoxification and elimination of toxins, thereby supporting optimal digestive system function.*

Easy Cleanse™ P.M. Cleansing Formula

Easy Cleanse™ P.M. Cleansing Formula works while you sleep to support a natural elimination of toxins that have accumulated throughout the day. Easy Cleanse™ P.M. contains gentle, bulking fibers that naturally bind to undesirable metabolic byproducts, cholesterol, and fat, and facilitate their elimination from the body.*

IMPORTANT:

Purified water is crucial in flushing toxins that have been detoxified. It is important to consume adequate water throughout the day to ensure elimination.

Caution: For adult use only. If you are pregnant/lactating or taking any medications, please consult your healthcare practitioner prior to use. Do not exceed recommended dose. Discontinue use if you experience abdominal pain or diarrhea.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



Easy Cleanse™

**DETOXIFYING & CLEANSING SUPPORT
WITH HERBS, FIBER AND GREEN FOODS**

- Simple 15-Day Detox
- 100% Natural Ingredients
- No Harsh Laxatives
- Supports Digestive and Metabolic Health*

A.M. - 60 Vcaps®

P.M. - 60 Vcaps®

**A Dietary Supplement
Vegetarian Formula**



Signs that the body may need detox support:

- Low energy levels, fatigue
- Poor skin complexion
- Mental cloudiness, frustration
- Increased lack of motivation
- Irregularity, digestive discomfort
- Sub-optimal immune function
- Body odor, bad breath
- Poor state of mind, irritability
- Brittle hair, skin or nails

NOW® Easy Cleanse™ is a digestive cleansing program that was developed to naturally support the body's own detoxification mechanisms, making it easier to eliminate toxins from the body. By supporting liver and intestinal function, this unique combination of herbal extracts and nutrients serves as a natural and effective way to help eliminate unwanted compounds and encourage a healthy, functional digestive system.

Use of a NOW® probiotic supplement and a powdered fiber such as NOW® Psyllium or NOW® Flax Meal will support the overall detoxification and cleansing properties of Easy Cleanse™.* Make sure to take with an additional 8-12 oz. of purified water.

CODE 2454 [V2]



Easy Cleanse™

Step 1: Detoxify & Capture

In order to support the removal of undesirable compounds, the body must first identify and purify them.* Take 2 Easy Cleanse™ A.M. Vcaps® upon waking with at least 8 oz. of purified water and a light, healthy breakfast. In late morning, take 2 more A.M. Vcaps® with at least 8 oz. of purified water, with or before lunch.

Easy Cleanse™ A.M.

Supplement Facts

Serving Size 2 Vcaps® Servings Per Container 30

	Amount Per Serving	% Daily Value
Potassium (from Potassium Gluconate)	15 mg	< 1%
Ashwagandha (<i>Withania somnifera</i>) (Root)	100 mg	†
Bentonite Clay Powder	100 mg	†
Dandelion (<i>Taraxacum officinale</i>) (Leaf)	100 mg	†
Milk Thistle Extract (<i>Silybum marianum</i>) (Fruit and Seeds) (Standardized to min. 80% Silymarin Flavonoids)	100 mg	†
Chlorella	100 mg	†
Uva Ursi Extract (<i>Arctostaphylos uva-ursi</i>) (Leaf) (Standardized to min. 20% Arbutin)	70 mg	†
Ginger Extract (<i>Zingiber officinale</i>) (Root) (Standardized to min. 5% Gingerols)	50 mg	†
Buchu (<i>Agathosma betulina</i>) (Leaf)	50 mg	†
Fansley (<i>Petroselinum crispum</i>) (Leaf)	50 mg	†
Red Clover (<i>Tifolium pratense</i>) (Top)	50 mg	†
Marshmallow (<i>Althaea officinalis</i>) (Root)	20 mg	†
Chlorophyll	10 mg	†

† Daily Value not established.

Other ingredients: Cellulose (capsule), Rice Flour, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica. Contains no sugar, salt, yeast, wheat, gluten, corn, soy milk, egg, shellfish or preservatives. **Vegetarian/Vegan Product.**

Step 2: Cleanse & Eliminate

By the time you go to bed, the detox-supporting daytime ingredients will have prepared the body to flush away unwanted compounds.* Take 4 Easy Cleanse™ P.M. Vcaps® before bedtime with at least 8 oz. of purified water. Be sure to drink a large glass of purified water (at least 8 oz.) the following morning.

Easy Cleanse™ P.M.

Supplement Facts

Serving Size 4 Vcaps® Servings Per Container 15

	Amount Per Serving
Ojibwa 4:1 Herbal Extract [A proprietary blend of Burdock (<i>Arctium lappa</i>) (Root), Sheep Sorrel (<i>Rumex acetosella</i>) (Leaf), Slippery Elm (<i>Ulmus fulva</i>) (Bark) and Turkey Rhubarb (<i>Rheum palmatum</i>) (Root)]	500 mg†
Apple Pectin	300 mg†
Glucosannan (from Konjac Root) (<i>Amorphophallus konjac</i>)	200 mg†
Gum Acacia	200 mg†
Cascara Sagrada (<i>Rhamnus purshiana</i>) (Bark)	200 mg*
Aloe Vera Concentrate (200:1)	100 mg*
Fennel (<i>Foeniculum vulgare</i>) (Seed)	100 mg†

* Daily Value not established.

Other ingredients: Cellulose (capsule), Rice Flour, Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica. Contains no sugar, salt, yeast, wheat, gluten, corn, soy milk, egg, shellfish or preservatives. **Vegetarian/Vegan Product.** Vcaps® is a registered trademark of Capugel.

Store in a cool, dry place. Please Recycle.

Manufactured by NOW FOODS

395 S. Glen Elyn Rd., Bloomington, IL 61708
Made in the U.S.A. www.nowfoods.com