

Product No. 2522  
**Do not accept if seal is broken.**  
**Keep out of the reach of children.**  
**Shake well before use. Refrigerate after opening.**  
**If not refrigerated, use within 45 days.**

Country Life offers the unique **Target-Mins™** delivery system for mineral supplementation. **First**, we use a complex of free-form amino acids and organic acids combined to support utilization\*\*\*. **Second**, we use not only a 2 to 1 ratio of Calcium to Magnesium but also a 2 to 1 ratio of Calcium to Phosphorus. Phosphorus plays an important role in bone structure. \*\*\* Based on these ratios, this product contains 1,000 mg of Calcium, 500 mg of Magnesium and 500 mg of Phosphorus. **Third**, we add vitamin D<sub>3</sub> which has been shown to support proper regulation of the body's Calcium/Phosphorus ratio and activate osteoblast function to support healthy bone structures.\*\*\* This is all combined scientifically to ensure optimal support for bone health.\*\*\*

† Country Life always labels minerals in elemental weight.

**NO:** Yeast, corn, wheat, soy, gluten, milk, sugar, artificial colors, artificial flavors or artificial sweeteners.

See bottom of the container for lot number and best by date.

\*\*\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

# Liquid

## TARGET-MINS™ CALCIUM - MAGNESIUM with Vitamin D<sub>3</sub> Complex

1,000 mg Calcium / 500 mg Magnesium/  
400 I.U. Vitamin D<sub>3</sub>  
Gluten Free  
Dietary Supplement

NATURAL WILD  
BLUEBERRY FLAVOR



32 fl. oz. (1qt) (944 mL)

**Directions:** Adults take one cap (1 fl. oz.)(29.5 mL) daily or as directed by a health care professional. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

### Supplement Facts

Serving Size 1 fl. oz. (29.5 mL)

Servings Per Container 32

| Amount Per Serving                                                                    |                | % Daily Value |
|---------------------------------------------------------------------------------------|----------------|---------------|
| Calories                                                                              | 30             |               |
| Total Carbohydrate                                                                    | 7 g            | 2%*           |
| Other Carbohydrate                                                                    | 7 g            | **            |
| Vitamin D (D <sub>3</sub> )(as cholecalciferol)                                       | 400 I.U.       | 100%          |
| Calcium (as calcium triphosphate, citrate, alpha-ketoglutarate, aspartate, lysinate)† | 1,000 mg (1 g) | 100%          |
| Phosphorus (as calcium triphosphate)†                                                 | 500 mg         | 50%           |
| Magnesium (as magnesium citrate, aspartate, alpha-ketoglutarate, taurate)†            | 500 mg         | 125%          |

\* Percent Daily Values are based on a 2,000 calorie diet.

\*\* Daily Value not established.

Other Ingredients: Purified water, natural vegetable glycerin, natural blueberry flavor blend, citric acid, xanthan gum, sodium benzoate (preservative), potassium sorbate (preservative).

**Manufactured for Country Life, LLC**

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CountryLifeVitamins.com

**WARNING:** If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

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