

ACTUAL SIZE



CODE 2386



Natural color variations may occur in this product.  
Store in a cool, dry place. Please Recycle.

Caution: Consult physician before consumption if you are currently taking anti-coagulant or MAO inhibitive drugs.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

NOW® Phosphatidyl Serine with Ginkgo Biloba combines two

powerful nutrients that work synergistically with one another. Phosphatidyl Serine is a naturally occurring phospholipid compound derived from soy lecithin that plays an essential role in cellular composition. Ginkgo Biloba is a popular herbal extract that has demonstrated powerful antioxidant activity in *in vitro* studies.\*

**SUGGESTED USAGE:** As a dietary supplement, take 1 softgel 1 to 3 times daily, preferably with food. Consider taking this product in combination with NOW® DMAE and Super Cortisol Support.

# Phosphatidyl Serine

COGNITIVE HEALTH\*

100 mg

with Ginkgo Biloba Extract

24% Standardized

60 mg

100 Softgels

A Dietary Supplement



## Supplement Facts

Serving Size 1 Softgel

|                                                                  | Amount Per Serving | % Daily Value |
|------------------------------------------------------------------|--------------------|---------------|
| Calories                                                         | 5                  |               |
| Calories from Fat                                                | 5                  |               |
| Total Fat                                                        | 0.5 g              | < 1%*         |
| Trans Fat                                                        | 0 g                | †             |
| Phosphatidyl Serine (from soy)                                   | 100 mg             | †             |
| Ginkgo biloba Standardized Extract (Leaf)                        | 60 mg              | †             |
| (min. 24% Ginkgo flavonoglycosides and min. 6% Terpene Lactones) |                    |               |

\* Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water, carob), Soybean Oil and Mixed Tocopherols.

Manufactured by NOW FOODS, 395 S. Glen Ellyn Rd.  
Bloomington, IL 60108 Made in the U.S.A. [www.nowfoods.com](http://www.nowfoods.com)

Contains no sugar, salt, starch, yeast, wheat, gluten, milk, egg, shellfish or preservatives.