

Do not accept if seal is broken. Product No. 2470  
Store between 59°-86° F. Keep out of the reach of children.

Calcium and boron support bone health.\*\*

\*\* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Target-Mins™ are complexed with specific free-form amino acids and other carriers for optimum mineral transport.

† Country Life always labels minerals in elemental weight.

Adequate calcium throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

Lot No:

Best by:

02112L



## MINERALS

TARGET-MINS™

# CALCIUM CAPS

WITH BORON

Gluten-Free  
Dietary Supplement

90 Vegetarian Capsules

**Directions:** Adults take four (4) capsules. For best utilization, take with food. As a reminder, discuss the supplements and medications that you take with your health care providers.

## Supplement Facts

**Serving Size** 4 capsules

**Servings Per Container** 22

Amount Per Serving		% Daily Value
Calcium (as calcium aspartate, citrate, carbonate, lysinate, <i>alpha</i> -ketoglutarate)†	1,000 mg (1 g)	100%
Boron (as boron citrate, aspartate, picolinate, <i>alpha</i> -ketoglutarate)†	4 mg	*

\* Daily Value not established.

Other Ingredients: Cellulose (capsule shell), magnesium stearate.

**WARNING:** If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor. **NO:** Yeast, corn, wheat, soy, gluten, milk, salt, sugar, preservatives or artificial color.



This product has been manufactured at an NSF GMP Registered facility.

Manufactured by Country Life, LLC  
180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 (USA)  
CountryLifeVitamins.com