

CODE 4689

V4

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ACTUAL SIZE

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

**Caution:** If you are pregnant, may become pregnant, or are breast feeding, please consult your healthcare practitioner before using this product.

Ginger (*Zingiber officinale*) is a plant native to Southeast Asia that has a long history of use as an herbal remedy and as a culinary spice. Ginger has more recently been shown to support digestive health and may be effective in the prevention or relief from nausea and upset stomach. In addition, Ginger is a powerful antioxidant, containing a number of free radical-scavenging compounds.\*

**SUGGESTED USAGE:** As a dietary supplement, take 1 Vcap® 1 to 3 times daily or as needed, preferably with food.



# Ginger Root Extract

**DIGESTIVE SUPPORT**

**250 mg**

**90 Vcaps®**

A Dietary Supplement  
Vegetarian Formula

- Standardized to min. 5% Gingerols
- Powerful Antioxidant\*



## Supplement Facts

Serving Size 1 Vcap®

### Amount Per Serving

|                                                      |         |
|------------------------------------------------------|---------|
| Ginger Extract ( <i>Zingiber officinale</i> ) (Root) | 250 mg* |
| (Standardized to min. 5% Gingerols)                  |         |
| Ginger Powder ( <i>Zingiber officinale</i> ) (Root)  | 225 mg* |

\* Daily Value not established.

Other ingredients: Cellulose (capsule), Stearic Acid (vegetable source), Magnesium Stearate (vegetable source) and Silica.

Manufactured by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108

Made in the U.S.A. [www.nowfoods.com](http://www.nowfoods.com)

Contains no sugar, salt, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.

Vcaps® is a registered trademark of Capsugel.

Store in a cool, dry place. Please Recycle.

**Vegetarian/Vegan Product.**