Do not accept if seal is broken.
Product No. 2463
Store between 59°-86° F.
Keep out of the reach of children.

WARNING: If you are pregnant or nursing, taking medication or planning a surgery, consult your doctor before using this product. If any adverse reactions occur, stop taking the product and consult your doctor.

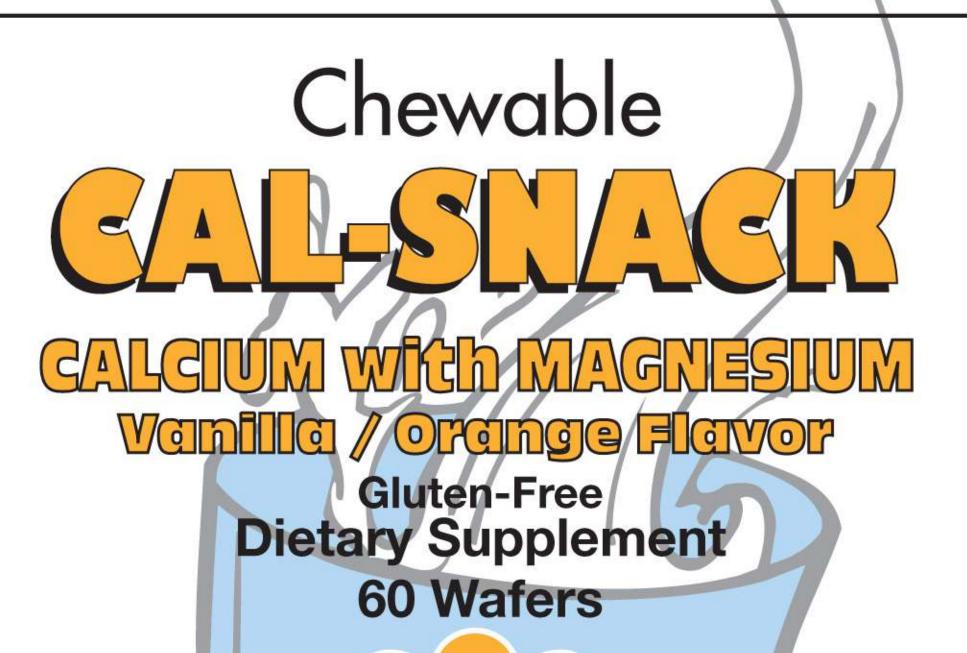
NO: Wheat, soy, gluten, milk, salt, preservatives, artificial color, or artificial sweeteners.

Lot No:

Best by:

38F11L









Directions: Adults chew two (2) wafers daily. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 wafers

Servings Per Container 30

Amount Per Serving		% Daily Value	
Calories	20		
Total Carbohydrate	4 g	1%*	
Sugars	4 g	**	
Vitamin D (as ergocalciferol)	50 I.U.	13%	
Calcium (as calcium carbonate, calcium citrate)	1,000 mg (1 g)	100%	
Magnesium (as magnesium oxide, magnesium aspartate)	500 mg	125%	

^{*} Percent Daily Values are based on a 2,000 calorie diet. ** Daily Value not established.

Other Ingredients: Fructose, stearic acid, mannitol, magnesium stearate, orange flavor, cellulose, silica, vanilla flavor.









This product has been manufactured at an NSF GMP Registered facility.

Manufactured by Country Life, LLC

180 Vanderbilt Motor Parkway, Hauppauge, NY 11788 CountryLifeVitamins.com

