

CAPSULE SIZE

Made in the USA



CODE 2381 V7

Do Not Eat Freshness Packet. Keep in Bottle.
Natural color variations may occur in this product.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

These properties make NOW® Phosphatidyl Serine an ideal supplement for the support of cognitive function.*

NOW® Phosphatidyl Serine is a phospholipid compound derived from soy lecithin that plays an essential role in cell membrane composition and intercellular communication. Phosphatidyl Serine is a major structural component of neural membranes where it assists in the conduction of electrical impulses and facilitates the activity of neurotransmitters involved in learning, memory, and mood. These properties make NOW® Phosphatidyl Serine an

SUGGESTED USAGE: As a dietary supplement, take 1 capsule 1 to 3 times daily, preferably with food. Consider taking these other NOW® products: Ginkgo Biloba and DMAE.



Phosphatidyl Serine

COGNITIVE HEALTH

- Supports Memory and Brain Function
- Promotes Intercellular Communication*

100 mg
120 Veg Capsules

A Dietary Supplement
Vegetarian/Vegan



Supplement Facts

Serving Size 1 Veg Capsule

Amount Per Serving	
Phosphatidyl Serine (from soy)	100 mg*
Choline (from Choline Bitartrate)	100 mg*
Inositol	50 mg*

* Daily Value not established.

Other ingredients: Cellulose Powder, Cellulose (capsule), Silica and Magnesium Stearate (vegetable source).

Formulated & Distributed by NOW FOODS

395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA

For more product information visit www.nowfoods.com/2381

Not manufactured with wheat, gluten, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening. Please Recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.