

CODE 2313

V1



ACTUAL SIZE

Manufactured by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108
Made in the U.S.A. www.nowfoods.com

Store in a cool, dry place. Please Recycle.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

NOW® Sunflower Lecithin Softgels are Non-GMO and Soy-Free. They are also rich in Phosphatidyl Choline, which comprises a major portion of our brain and nervous system. In addition, Sunflower Lecithin is naturally rich in Phosphatidyl Inositol, Phosphatidyl Ethanolamine, and is a source of essential fatty acids. Lecithin aids in emulsifying fats, enabling them to be dispersed in water.*

SUGGESTED USAGE: As a dietary supplement, take 2-3 softgels daily with food. Consider taking this product in combination with NOW® L-Carnitine, Omega-3 Fish Oil and CoQ10.

Sunflower Lecithin

NERVOUS SYSTEM SUPPORT***1200 mg**

- Soy-Free, Non-GMO
- Rich in Phosphatidyl Choline

200 Softgels**A Dietary Supplement**

Supplement Facts

Serving Size 3 Softgels Servings Per Container 66

	Amount Per Serving	% Daily Value
Calories	30	
Calories from Fat	20	
Total Fat	2 g	3%*
Saturated Fat	0 g	0%*
Trans Fat	0 g	†
Polyunsaturated Fat	2 g	†
Sunflower Lecithin	3.6 g (3,600 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet. † Daily Value not established.

Other ingredients: Softgel Capsule (gelatin, glycerin, water).

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

Typical Profile of naturally occurring nutrients (per serving)**

Phosphatidyl Choline	630 mg
Phosphatidyl Inositol	430 mg
Phosphatidyl Ethanolamine	235 mg

** per ingredient nutritional profile